

CANADIAN  
National  
RULE BOOK



COMPETITIVE TRAIL  
RIDE and TIE

The CaLDRA Board

Thanks

All the Veterinarians and Volunteers

Who contributed their time and expertise

in

Compiling and proof reading these National Rules

and

To the Membership across Canada

Who supported these efforts

# CANADIAN National RULE BOOK



## TABLE OF CONTENTS

### SECTION 1 – INTRODUCTION

1.1	CANADIAN National RULE BOOK .....	1
1.1.1	General .....	1
1.1.2	Rules will apply to .....	1
1.2	ORGANIZATIONS .....	1
1.2.1	National .....	1
1.2.2	Provincial .....	1
1.3	AIMS/OBJECTIVES .....	2
1.3.1	CaLDRA .....	2
1.4	DEFINITIONS/TERMS .....	2
1.4.1	Equines .....	2
1.4.2	Competitive Trail .....	2
1.4.3	Ride and Tie .....	2
1.4.4	Junior/Young Rider (ages) .....	2
1.4.5	Foreign (non-Canadian) Rider .....	3
1.4.6	Sponsor .....	3

### SECTION 2 – MEMBERSHIP

2.1	BENEFITS PROVIDED BY CaLDRA.....	5
2.1.1	National Rules .....	5
2.1.2	Canadian Championships .....	5
2.1.3	Sanctioning/AHA .....	5
2.1.4	Charitable Status .....	5
2.1.5	National Website .....	5
2.1.6	National Programs .....	5
2.2	MEMBERSHIP FEES .....	5
2.2.1	Membership Year/Structure.....	5
2.3	PROVINCIAL ASSOCIATIONS .....	5
2.3.1	Qualification .....	5
2.3.2	Required Membership .....	5
2.3.3	Benefits .....	6
2.4	INDIVIDUAL MEMBERSHIP .....	6
2.4.1	Qualification .....	6
2.4.2	Required For .....	6
2.4.3	Recommended For .....	6
2.4.4	Benefits.....	6
2.5	ASSOCIATE/FOREIGN MEMBERSHIP.....	7
2.5.1	Qualification .....	7
2.5.2	Required Membership (foreign entries) .....	7
2.5.3	Benefits.....	7

# CANADIAN National RULE BOOK

2.6	SPECIAL MEMBERSHIPS .....	6
2.6.1	Single Event Membership .....	6
2.7	MEMBERSHIP IDENTIFICATION .....	7
2.7.1	Membership Card .....	7
2.7.2	Web access .....	7
2.7.3	Providing Proof .....	7
2.8	SUSPENSION OF MEMBERSHIP .....	7
2.8.1	Reasons for Suspension .....	7
2.8.2	Notification of Suspension .....	8
2.8.3	Appeal .....	8
2.8.4	Reinstatement .....	8
2.9	VOTING/AGM .....	8
2.9.1	Amendments .....	8
2.9.2	Annual General Meetings .....	8

## SECTION 3 – GENERAL RULES

3.1	APPLICATION/POLICIES .....	9
3.1.1	Purpose of Rules .....	9
3.1.2	Applicable to .....	9
3.1.3	Ride Management/Judges Decisions .....	9
3.1.4	Infractions/Penalties .....	9
3.1.5	Policy on Drugs.....	9
3.1.6	Drugs .....	10
3.1.7	Horse Drug Testing .....	10
3.1.8	Random Testing .....	10
3.1.9	Consequences of a Positive Test .....	10
3.1.10	Fees for Drug Testing .....	12
3.2	REGISTRATION/ENTRIES/TEAMS .....	11
3.2.1	Registration at Ride Site .....	12
3.2.2	Ride Package .....	12
3.2.3	Proof of Membership .....	12
3.2.4	Proof of Insurance .....	12
3.2.5	Proof of Negative EIA Test .....	12
3.2.6	Pre Existing Metabolic Conditions (horses) .....	12
3.2.7	Entries – Individuals/Teams .....	12
3.2.8	Provincial Teams .....	12
3.2.9	Combining Teams .....	12
3.2.10	Additional Teams .....	12
3.2.11	Foreign (non-Canadian) entries .....	12
3.2.12	Declaring Teams .....	12
3.2.13	Cross-entering .....	12
3.2.14	Provincial Rides in conjunction .....	13
3.3	GENERAL INFORMATION .....	13
3.3.1	Ride Site - Designated Areas .....	13
3.3.2	Refuse .....	13
3.3.3	Dogs .....	13
3.3.4	Smoking .....	13
3.3.5	Scheduled Meetings .....	13
3.3.6	Pre Ride Exam – Will Take Place at .....	14
3.3.7	Identification/Numbers .....	14
3.3.8	Beginning of Competition .....	15
3.3.9	Away Checks (Rider Equipment) .....	15

# CANADIAN National RULE BOOK

3.4	RIDERS/COMPETITORS .....	15
3.4.1	Presentation for Evaluation .....	15
3.4.2	Sportsmanship/Behaviour .....	15
3.4.3	Expenses .....	15
3.4.4	Headgear .....	15
3.4.5	Footwear .....	16
3.4.6	Junior/Young Rider – Not Requiring Sponsor.....	16
3.4.7	Junior – Required Sponsorship .....	16
3.4.8	Juniors - Exemption from Sponsorship .....	16
3.4.9	All - Disqualify/Eliminate/Pull/Withdraw .....	17
3.5	HORSES/EQUIPMENT/ALLOWED SUBSTANCES .....	17
3.5.1	Ages .....	17
3.5.2	Behaviour/Safety/Stallions .....	17
3.5.3	Tack/Safety Check .....	18
3.5.4	Type of Tack and Equipment .....	18
3.5.5	Restraints .....	18
3.5.6	Whips/Spurs .....	18
3.5.7	Auxiliary Devices .....	18
3.5.8	Hoof Protection/Shoeing .....	18
3.5.9	Leg Protective Devices .....	18
3.5.10	Cooling/Ice/Ice Water/Ice Boots .....	19
3.5.11	Electrolytes/Feed/Water/Supplements .....	19
3.5.12	Fly Repellent .....	19
3.6	PIT CREW RESTRICTIONS .....	19
3.6.1	Assistance at Check Points .....	19
3.6.2	On Trail .....	20
3.7	THE TRAIL/COURSE .....	20
3.7.1	Trail Map .....	20
3.7.2	Distance .....	20
3.7.3	Markings .....	20
3.7.4	Start Line .....	20
3.7.5	Number/Spacing of Vet Checks .....	21
3.7.6	Location/Layout of Vet Checks .....	21
3.7.7	Water (sponging) .....	21
3.7.8	Terrain .....	22
3.7.9	Safety/Hazards .....	22
3.7.10	Trail Marshals/Control Points .....	22
3.7.11	Short Cuts/Off Trail .....	22
3.7.12	Pacing/Giving Way .....	22
3.7.13	Finish Line .....	23

## SECTION 4 – COMPETITIVE TRAIL RULES

4.1	JUDGING/SCORING .....	25
4.1.1	Purpose .....	25
4.1.2	Forward Motion .....	25
4.1.3	Evaluation/Scoring .....	25
4.1.4	Soundness Check - Multi-Day Rides .....	25
4.2	DISTANCE/SPEED .....	26
4.2.1	Championship CTR .....	26
4.3	TEAMS See 3.2 .....	26

# CANADIAN National RULE BOOK

4.4	WEIGHT .....	26
4.4.1	Individual Divisions .....	26
4.4.2	Calculating Weight .....	26
4.4.3	Weighing In .....	27
4.5	RIDE TIME .....	27
4.5.1	Calculation – Optimum Ride Time .....	27
4.5.2	Changes – To Optimum Ride Time .....	27
4.5.3	Failure to Meet Parameters – Rechecks .....	27
4.5.4	Adjusted Time .....	28
4.5.5	Late Presentation .....	28
4.6	CHECK POINTS PROCEDURES .....	28
4.6.1	Timed Half Mile Trot In .....	28
4.6.2	In Timer .....	29
4.6.3	Timed Presentation – Heart Rate .....	29
4.6.4	Timed Presentation – Veterinary Evaluation .....	29
4.6.5	Out Timer .....	29
4.6.6	Elimination .....	29
4.7	FINISH .....	30
4.7.1	In Timer .....	30
4.7.2	Heart Rate Presentation .....	30
4.7.3	Veterinary Presentation .....	29
4.7.4	End of Competition .....	29

## SECTION 5 – RIDE and TIE RULES

5.1	DISTANCE .....	31
5.2	TEAMS (See 3.2) .....	31
5.3	WEIGHT .....	31
5.4	TIME CALCULATION .....	31
5.4.1	Completion Time .....	31
5.4.2	Cut-Off Time .....	31
5.4.3	Winning Time .....	31
5.5	TIMING/RIDE PROCEDURES .....	31
5.5.1	Tying/Handing Off .....	31
5.5.2	Sharing/Tailing .....	31
5.5.3	Arriving at a Check Point .....	32
5.5.4	Veterinary Check .....	32
5.5.5	The Finish .....	32

## SECTION 6 – VETERINARY JUDGING/SCORING

6.1	PROCEDURES .....	33
6.1.1	Score Card .....	33
6.1.2	Veterinarian/Judges .....	33
6.1.3	Inspection Procedures .....	33
6.1.4	Competitive Trail – Judging .....	33
6.1.5	Parameter Criteria .....	34
6.1.6	Choice for Drug Testing .....	35
6.1.7	Drug Testing Procedures .....	35
6.1.8	Emergency First Aid .....	36
6.1.9	Treatment Veterinarian .....	36
6.1.10	Transportation – Away Checks (See 3.3.11 and 8.1.5) .....	36

# CANADIAN National RULE BOOK

6.2	METABOLIC – ASSESSMENT CRITERIA .....	37
6.2.1	Heart Rate Check (taken by H/R tech.) .....	37
6.2.2	Pulse Check (taken by Vet) .....	37
6.2.3	Cardiac Recovery Index (CRI) .....	37
6.2.4	Respiration .....	38
6.2.5	Rectal Temperature .....	38
6.2.6	Mucous Membranes .....	39
6.2.7	Capillary Refill .....	39
6.2.8	Jugular Refill .....	39
6.2.9	Hydration/Skin .....	39
6.2.10	Gut Sounds .....	40
6.2.11	Anal Tone .....	40
6.2.12	Musculature .....	40
6.3	MECHANICAL – ASSESSMENT CRITERIA .....	41
6.3.1	Trot Out .....	41
6.3.2	Impulsion .....	41
6.3.3	Lameness .....	41
6.3.4	Legs (Joints, Ligaments, Tendons) .....	42
6.3.5	Lesions – Interference/lower Leg .....	43
6.3.6	Lesions – Trail .....	43
6.3.7	Lesions – Tack .....	43
6.3.8	Manners .....	44

## SECTION 7 – NATIONAL AWARDS

7.1	GENERAL .....	45
7.1.1	Completion Certificates .....	45
7.1.2	Award Recommendations .....	45
7.1.3	Presentation of Awards/Ties .....	45
7.2	TEAM CHAMPIONSHIP .....	45
7.2.1	Competitive Trail .....	45
7.2.2	Ride and Tie .....	45
7.3	INDIVIDUAL CTR CHAMPIONSHIP .....	46
7.4	OVERALL CTR CHAMPIONSHIP .....	46

## SECTION 8 – RIDE MANAGEMENT

8.1	PROCEDURES .....	47
8.1.1	Hosting the National Championships .....	47
8.1.2	Knowledge of Rules .....	47
8.1.3	Information Deadlines .....	47
8.1.4	Reporting Ride Results .....	47
8.1.5	Additional Responsibilities (See Section 3 and 9) .....	47
8.1.6	Transportation – Away Checks .....	48
8.2	RIDE OFFICIALS/MANPOWER .....	48
8.2.1	Steward/Technical Delegate .....	48
8.2.2	Ground Jury .....	48
8.2.3	Ride Management .....	48
8.2.4	Ride Manager /Chairperson .....	48
8.2.5	Ride Secretary .....	48
8.2.6	Veterinarian/Judges (See 6.1.2) .....	48
8.2.7	Recorders .....	49
8.2.8	Scorers .....	49
8.2.9	Timers .....	49

# CANADIAN National RULE BOOK

8.2.10	Heart Rate Technicians .....	49
8.2.11	Farrier .....	50
8.3.12	Treatment Veterinarian (See 6.1.11) .....	50
8.2.13	Additional Volunteers .....	50

## SECTION 9 – PROTEST/GRIEVANCE

9.1	PROTESTS .....	51
9.1.1	General .....	51
9.1.2	Mechanical Errors – Scorecard .....	51
9.1.3	Rules/Regulations .....	51
9.1.4	Ride and Tie .....	51
9.2	GRIEVANCE – STEP 1 .....	51
9.2.1	Solutions .....	51
9.3	GRIEVANCE – STEP 2 .....	51
9.3.1	Filing a Grievance .....	51
9.3.2	Grievance Committee .....	52
9.3.3	If a Complaint is Upheld .....	52
9.4	PROCESSING A GRIEVANCE .....	52
9.5	PROCESSING APPEALS .....	53

## APPENDIX X

### APPENDIX A – CONTACTS

A.1	CaLDRA BOARD .....	55
A.1.1	EXECUTIVE .....	55
A.1.2	DIRECTORS .....	55
A.2	PROVINCIAL ORGANIZATIONS .....	56
A.3	ASSOCIATED ORGANIZATIONS .....	56

### APPENDIX B – FORMS/SCORING

B.1	CaLDRA – SCORING CHART – Heart Rate .....	57
B.2	CaLDRA – SCORING CHART – CRI .....	58
B.3	CaLDRA – SCORE CARD – Competitive Trail .....	59
B.4	CaLDRA – SCORE CARD – Ride and Tie .....	61

# CANADIAN National RULE BOOK

## SECTION 1 - INTRODUCTION

### 1.1 CANADIAN RULE BOOK

#### 1.1.1 GENERAL

- a) Membership requirements, benefits, see Section 2.
- a) The Canadian National Rule Book is prepared by the Rules Committee of CaLDRA (Canadian Long Distance Riding Association). This committee is composed of a representative from each member Provincial Association. (2008)
- b) Motions to change rules that directly impact competition must be voted on by all CaLDRA members. (By-Law II, Article 1, L) Also see Section 2.9
- c) The Canadian National Rule Book and any revisions must be made available to all provincial organization/individual and associate members at least 3 months in advance of the proposed ride date of the Canadian Championships. (2008)

#### 1.1.2 RULES WILL APPLY TO

- a) The Canadian National Championship sanctioned by CaLDRA. (2008)
- b) To provincially sanctioned events run in conjunction with the National Championship, at Ride Management discretion. (May08)

### 1.2 Organizations

#### 1.2.1 NATIONAL

- a) The organization shall be known as the Canadian Long Distance Riding Association, (By-Law 1, Article 1, A) and is a registered non-profit, member based organization run by volunteers. (Original)
- b) In 1983 CaLDRA was formed as the governing and coordinating body for the Long Distance Riding disciplines of Endurance, Competitive Trail and Ride and Tie, responsible for overseeing the development of guidelines designed to provide a standardized format with veterinary controls and all related programs and activities. (Original)
- c) May 27, 1985, CaLDRA was incorporated as a federal company registered with Revenue Canada as an Amateur Athletic Association, Corporation # 192400-1-R, Tax #0496240-80-13. (Original)
- d) Effective 2007, Endurance Canada, as a committee of Equine Canada became the organization responsible for the discipline of Endurance. (2008)
- e) CaLDRA, as an affiliated organization of Equine Canada, (formerly of CEF) remains responsible for coordinating and developing the disciplines of Competitive Trail and Ride and Tie. (By-Law 1, Article 2, G)
- f) CaLDRA is a member of the International Ride and Tie Association. (Original)

#### 1.2.2 PROVINCIAL

- a) Alberta – Trail Riding Alberta Conference  
TRAC – [WWW.TRAILRIDING.AB.CA](http://WWW.TRAILRIDING.AB.CA)
- b) Atlantic Canada (New Brunswick, Nova Scotia and Prince Edward Island)  
- Atlantic Canada Trail Riding Association  
ACTRA – [WWW.AC-TRA.CA](http://WWW.AC-TRA.CA)
- c) British Columbia – British Columbia Competitive Trail Riding Assoc.  
BCCTRA – [WWW.BCCTRA.CA](http://WWW.BCCTRA.CA)
- d) Manitoba – Manitoba Trail Riding Conference  
MTRC – [WWW.MBTRAILRIDINGCLUB.CA](http://WWW.MBTRAILRIDINGCLUB.CA)
- e) Ontario and Quebec – Ontario Competitive Trail Riding Assoc., Inc.  
OCTRA – [WWW.OCTRA.ON.CA](http://WWW.OCTRA.ON.CA)
- f) Saskatchewan – Saskatchewan Long Riders  
SLR – [WWW.SASKLONGRIDERS.COM](http://WWW.SASKLONGRIDERS.COM)

# CANADIAN National RULE BOOK

## 1.3 Aims & Objectives

### 1.3.1 CaLDRA

- a) To promote amateur athletics and horse and rider development in the form of long distance riding on a National basis. (By-Law 1, Article 2, A)
- b) Establish a minimum standard for such competitions (By-Law 1, Article 2, C) in the form of a Canadian National Rule Book. (2008)
  - i) Provincial Associations are encouraged to utilize the Canadian National Rule Book as a guide, modifying the National Rules where necessary to provide levels of competition for athlete development from grass roots up. (2008)
- c) Ensure that events are run humanely to avoid cruelty and suffering to horses, (By-Law 1, Article 2, D) and put the welfare of the horse ahead of all other interests. (2006)
- d) Co-ordinate Canadian Long Distance Riding Competitions, specifically Competitive Trail and Ride and Tie events (By-Law 1, Article 2, B).
  - i) Educate horse owners, clubs, judges, etc., on the selection, care, training and conditioning of horses, horsemanship, sportsmanship, and judging. (Original)
  - ii) Compile a list of qualified Canadian veterinarians, lay judges, heart rate technicians, timers and technical advisors who are familiar with long distance competitions. (By-Law 1, Article 2, E)
  - iii) Aid in the development, preparation and selection of qualified Canadian representatives from within Competitive Trail and Ride and Tie for National (2008) and International Competition. (By-Law 1, Article 2, F)

## 1.4 Definitions/Terms

- 1.4.1 EQUINES – All National and Provincial sanctioned competitions are open to any “equine”. The word “horse”, used in this document, refers to any member of the Genus Equus. (2006)
- 1.4.2 COMPETITIVE TRAIL (CTR) is a timed, judged event in which a horse and rider team competes over a marked trail (with no constructed obstacles, e.g. jumps) within a minimum and maximum time allowed. Judging is done to establish the horse that covers the course with the greatest ease, with the idea in mind that all horses are to be equally stressed. Experienced veterinarian/judges evaluate horses for metabolic and mechanical fitness and manners at checks before the ride, at intervals during and again at the end of the event. Penalties are assessed for any reduction below established criteria and for riding time in excess of the minimum/maximum allowed. (Original)
- 1.4.3 RIDE and TIE (R&T) is an event where teams race over a specific marked natural course (no constructed obstacles, e.g. jumps). The team consists of two humans and one horse. There is no minimum time limit and placing is awarded according to the order of finishing. The contest is conducted in a leapfrog manner with each contestant alternately running and riding. Veterinarians are present to ensure the humane management of each horse and its ability to continue. (By-Law II, Article 2, B)
- 1.4.4 JUNIOR/YOUNG RIDER
  - a) Junior – is defined as being until the end of the year in which they reach the age of 18 years. (2006) Sponsorship requirements, conditions, exemptions See 3.4.6, 7 and 8. *Rationale – Legal Age of Majority, previously implied by Rules 2002 and 2004 and Equine Canada rule on Junior age. (2008) revised to reflect wording of FEI, Equine Canada and USEF (2010)*
  - b) Young Rider – is defined from the beginning of the year an individual reaches 16 until the end of the year they reach 21 years (2008) revised to reflect wording of FEI, Equine Canada and USEF (2010)
  - c) Overlap of Ages for Junior/Young Riders – There is a period between the start of the year in which an individual reaches the age of 16 to the end of the year they reach 18 when there is an overlap during which the individual may choose to compete as a Junior OR as a Young Rider. (2010)

# CANADIAN National RULE BOOK

## 1.4.5 FOREIGN RIDER

For consistency with other organizations, any competitor who enters a Canadian Championship who is not a Canadian citizen shall be referred to as a "foreign" rider. See 3.2 Entries and 2.3 Membership

## 1.5.6 SPONSOR

In assuming the charge of a Junior, this must be an adult, 18 years of age or older, who is knowledgeable, responsible, and can act as a "careful and prudent parent". (2010)

# CANADIAN National RULE BOOK

(Intentionally Left Blank)

# CANADIAN National RULE BOOK

## SECTION 2 – MEMBERSHIP

### 2.1 Benefits provided by CaLDRA

- 2.1.1 National Rules for Competitive Trail and Ride and Tie - Based on input and expertise from multiple veterinarians experienced in these sports, together with consultation with all provincial organizations, to promote fair competition.
- 2.1.2 Canadian Championships the host province is supported by CaLDRA who provide
- a) A Steward and fee toward expenses (2010).
  - b) Monetary assistance in a fee toward expenses of an Out of Province Veterinarian (2010)
  - c) Awards in the form of (2) Perpetual plaques (see Section 9) and keeper trophies
    - i) Competitive Trail Team (gold) Champions (3)
    - ii) Competitive Trail Canadian Overall Individual Champion (1)
    - iii) Competitive Trail Overall Junior/Young Rider Champion (1)
    - iv) Ride and Tie Team (gold) Champions (2)
- 2.1.3 Sanctioning  
CaLDRA is recognized by AHA as the governing body for Competitive Trail and Ride and Tie in Canada for the benefit of competition organizers using CaLDRA sanctioning.
- 2.1.4 Charitable Status  
As a registered Amateur Athletic Organization, CaLDRA may provide Tax Receipts for donations given freely for even distribution. E.g. to a provincial team rather than a specific individual
- 2.1.5 National Website  
CaLDRA provides a platform through [www.caldra.ca](http://www.caldra.ca) for sharing information and programs with all provinces, posting provincial and national activities, and maintaining the history of the sport, including National Championship winners.
- 2.1.6 National Programs  
Developing
- a) Certification of Lay Judges, to assist provincial organizers
  - b) National Recognition, to reward members

### 2.2 Membership Fees

- 2.2.1 MEMBERSHIP YEAR
- a) CaLDRA shall run from January 1<sup>st</sup> to December 31<sup>st</sup> annually (By-Law 1, Article 3, C) amended (2009) to be bi-annual (2 year membership) effective January 2010.
  - b) Is reviewed by the CaLDRA Board (Original) for the following 2 year period. (2009) Current fees and membership form are available online at [www.caldra.ca](http://www.caldra.ca)

### 2.3 Provincial Associations

- 2.3.1 QUALIFICATION - Any Provincial Organization/Club representing the disciplines of Competitive Trail, and/or Ride and Tie in any Province or Territory of Canada is eligible to become a voting member. (By-Law 1, Article 3, A)
- 2.3.2 REQUIRED MEMBERSHIP
- a) Appointing a Provincial Director to represent the organization on the CaLDRA Board. (Original) also see Individual Membership requirements.
  - b) Hosting Canadian Championships, including Ride Manager(s), (Original) See Individual Membership requirements.
  - c) Selecting and fielding teams for National Team Events (Original) see General Rules

# CANADIAN National RULE BOOK

## 2.3.3 BENEFITS

- a) Has one (1) Vote as an Organization by way of their elected director (By-Law 1, Article 4A) on issues circulated by the Board during the year (2008) and at the AGM. (Original)
  - i) Where an organization represents more than one province, they may appoint separate directors from each of these provinces, each with one (1) vote (2010)
- b) Receives the Canadian National Rule Book (CTR and R&T) and updates, (Original) effective 2008 the Rule Book will be available online at [www.caldra.ca](http://www.caldra.ca)
- c) Receives News Bulletins and Newsletters, (Original)
- d) Receives the Governance and Policies Manual, (2008) (online when finalized)
- e) Receives support in hosting National Championships, see Section 1.4 and 10.

## 2.4 Individual Membership

### 2.4.1 QUALIFICATION - Any interested individual in any Province or Territory of Canada is eligible to become a voting member. (By-Law 1, Article 3, A)

- a) SENIOR - 18 years of age or older, as of the first of January of the current year. (2006)
- b) JUNIOR - anyone who has not yet reached the age of 18 years, as of the first of January of the current year. (2006)
- c) FAMILY - shall be comprised of up to two (2) adult memberships plus all immediate children under the age of 18 years who are thereby entitled to junior memberships. (Original)

### 2.4.2 REQUIRED FOR

- a) CaLDRA Board Members
  - i) Including Executive, Provincial Directors and Committee Chairpersons. (2008)
- b) Canadian Championships - Competitors
  - i) Individual and/or Team Competitors/ riders and horse owners, (Original)
  - ii) Foreign Riders entering the Canadian Championships, (Original) See 2.4.1
- c) Canadian Championships - Officials
  - i) Ride Manager(s) of the Canadian Championships. (Original)
  - ii) Officials - Stewards, Technical Delegates (2010)
  - iii) Team Veterinarians, and Chef d' Equipes, (Original)
- d) Selection Committee members - must have CaLDRA Individual membership (Original), or be a member in good standing of a Provincial Organization holding Provincial Organization membership. (2008)
- e) Exemptions:
  - i) Competitors riding only under AHA rules, (2002) or
  - ii) Competitors riding only in Provincial Ride(s) held in conjunction. (2002)

### 2.4.3 RECOMMENDED FOR

- a) Veterinarian/Judges, and Ground Jury for the Canadian Championships. (2008) See 6.1.13

### 2.4.4 BENEFITS

- a) May participate in National and International competitions, (Original)
- b) Receive the Canadian National Rule Book (CTR and R&T) and updates, (Original) effective 2008 the Rule Book will also be available online at [www.caldra.ca](http://www.caldra.ca)
- c) Receive News Bulletins and Newsletters, (Original)
- d) Vote on issues during the year (Original) circulated by the Board (2008) and at the AGM. (Original)
  - i) Senior membership has one (1) vote. (By-Law 1, Article 4B)
  - ii) Family membership has a maximum of two (2) Adult (2006) votes. (By-Law 1, Article 4B)

# CANADIAN National RULE BOOK

## 2.5 Associate/Foreign Individual Membership

### 2.5.1 QUALIFICATION

- a) Any related organization or foreign (non-Canadian) individual is eligible to become a non-voting member. (By-Law 1, Article 3, B)

### 2.5.2 REQUIRED MEMBERSHIP

- a) Foreign Riders entering the Canadian Championships. (Original)

### 2.5.3 BENEFITS AND PRIVILEGES

- a) Receive News Bulletins and Newsletters. (By-Law 1, Article 3, B)
- b) Effective 2008, may access the Rule Book online at [www.caldra.ca](http://www.caldra.ca)
- c) Foreign riders may compete in Canadian Championship events. (Original)

## 2.6 Special Memberships

### 2.6.1 SINGLE EVENT MEMBERSHIP

- a) Provinces (who have this capability) may offer Single Event Membership (dues as set by the provincial board) to Individuals participating in Provincial Rides run in conjunction with a National Championship. (2008)
- b) Single Event Members shall only have privileges for the duration of the Ride where the membership is purchased, shall not be entitled to vote on matters of the Provincial or National organization, and may not accumulate points for year end awards unless the full applicable membership dues for that year are paid. (2008)

## 2.7 Membership Identification

2.7.1 Membership cards or equivalent are forwarded to members upon payment of the membership fee. (2006)

2.7.2 Web Access the username and password for the Members Only section of the CaLDRA website will be forwarded with the Membership Card (2008).

2.7.3 Providing proof of Individual Membership will be required at the entry desk when picking up the ride package if a photocopy was not submitted with the entry. (2002)

## 2.8 Suspension of Membership

2.8.1 *Any CaLDRA member may be suspended by a two-thirds majority vote of the entire Board of Directors for any of the following. This measure shall not be entered into lightly, and only if the matter has not been resolved by using regular communication.*

### Reasons for suspension:

- a) Non-payment of:
  - i) Membership fees. (2008)
  - ii) Outstanding debts, for other than membership fees. (2008)
  - iii) Members shall forfeit all voting and other privileges and the suspension shall remain in effect until such dues or debts are paid, or the issue is resolved by the Board of Directors. (2008)
- b) Failure to comply with event rules as interpreted by Ride Management, Ride Officials, Stewards or Technical Delegates. (2008)
  - i) Ride Management will report any infractions immediately to the CaLDRA Board following a National competition, (2008) or to the Provincial Board following a Provincial event. (2008) See 3.1.4
  - ii) Ride Management will report any positive drug test results to the Secretary of the appropriate Board of Directors. (Original) See 3.1.4 and 3.2.5
  - iii) At their discretion, upon reviewing the report and following a motion voted upon by the Board of Directors, they will suspend the appropriate membership. (2008)
- c) Conduct deemed to be prejudicial to the best interests of CaLDRA or a Provincial member organization, may result in membership suspension at the discretion of the Board of Directors. (2008)

# CANADIAN National RULE BOOK

- 2.8.2 Notification of suspension:
- a) Will be sent to the individual by the CaLDRA Board (National event) or Provincial Board (Provincial event), who may also, at their discretion:
    - i) Publish the name(s) of any member(s) who are suspended, (2008) and
    - ii) The Board may, at their discretion, also include in the publication the reason for such suspension. (2008)
- 2.8.3 Appeal Process
- a) An appeal of a suspension may be filed with the appropriate Board of Directors, (2008) See Section 8.
  - b) In the event of a positive drug test result and subsequent membership suspension, an appeal may be filed with the appropriate Board following normal procedures within two (2) weeks of the rider receiving the positive test results. (Original) See Section 8
- 2.8.4 Reinstatement
- Membership may be reinstated by the Board of Directors following re-evaluation of the circumstances and a two-thirds majority vote of the entire Board of Directors is required. (2008)

## 2.9 Voting/AGM

- 2.9.1 AMENDMENTS TO THE BY-LAWS and CONSTITUTION may be done by:
- a) A vote taken by mail/email circulated to the entire membership indicating to be returned by mail/email before a date set therein and being passed (or not) by a two thirds (2/3) majority of those responding. (By-Law 1, Article 4, C, revised to include email, 2008)
  - b) Any motion that will change competition rules and will directly impact the competition must be sent to all members for mail/email vote. (By-Law 2, Article 1L)
  - c) At the Annual General Meeting
    - i) Motions/resolutions that have previously been circulated to the entire membership as per (2.8.1a) will require a two-thirds majority vote of members present including mail/email votes received. (By-Law 1, Article 4, C)
    - ii) Motions not previously circulated to the entire membership for their vote affecting the By-Laws and Constitution, will be noted in the minutes and tabled and a ballot will be circulated to the entire membership, as per 2.8.1a) (Amended By-Law 1, Article 7, August 2008)
    - iii) All other issues not covered by the By-Laws and Constitution may be voted on and passed at the AGM without prior notice, with a two-thirds majority vote of members present. (Original)
- 2.9.2 ANNUAL GENERAL MEETINGS
- a) An Annual General Meeting (AGM) shall be held at such time and place as the Board of Directors shall designate (By-Law 1, Article 6, A)
    - i) Notice written/emailed and/or published of such meetings shall be sent by the secretary to all members in good standing at least six (6) weeks in advance. (By-Law 1, Article 6, B)
    - ii) The CaLDRA AGM is usually held in conjunction with the National Championships. (2008)
  - b) Motions - See Amendments 2.8.1
  - c) Voting in person at the Annual General Meeting. (Original)
    - i) Voting provincial delegate is to be designated in writing by the member organization. (By-Law 1, Article 4, A)
  - d) Voting by proxy at the AGM is allowed. (By-Law 1, Article 4, D)

# CANADIAN National RULE BOOK

## SECTION 3 – GENERAL RULES

### 3.1 Application/Policies

- 3.1.1 THE PURPOSE OF THESE RULES is to protect the animal and provide fair and equal conditions for competition, (2006)
- 3.1.2 APPLICABLE TO:
- a) Every competitor who enters in a Canadian Championship ride, (2000) and
  - b) Every competitor who enters regular CTR and R&T events held in conjunction with the National Championships, at Ride Management discretion (May08)
  - c) All competitors and officials are responsible for knowing the National Rules (Original)
  - d) Plus any additional rules set by Ride Management and given at the Pre-Ride Talk. (2008)
- 3.1.3 RIDE MANAGEMENT AND JUDGE'S DECISIONS are final In all situations (Original).
- a) The collective opinion of the Veterinary Judges is final (Original) and will be supported by Ride Management. (2000) see section 6
  - b) Any disagreement will be arbitrated by the Head Veterinarian. The decision of the Head Veterinarian will be final. (Original)
  - c) At any time, Judges have the right and duty to remove from competition any horse they deem unfit to start, or to continue. (2008) if in the opinion of the Veterinarian/Judge, any horse
    - i) Displaying evidence of poor health or obvious lameness (Grade II or greater) will not be allowed to start. (2006)
    - ii) Displaying a medical condition that could endanger the life of that horse; its rider; or fellow competitors, will be removed from competition. (2006)
    - iii) Displaying evidence of any infectious disease will be asked to leave the ride grounds immediately. (2006)
    - iv) It will be at the Judge's discretion to penalize/disqualify any unruly horse that may cause bodily harm to Judges and/or competitors. (Original)
  - d) All matters concerning any judging and the well being of any competing horse, including if a horse may start, or when it should be withdrawn, is binding and final. (Original)
  - e) Penalties: Failure to leave the grounds within a time frame specified by Ride Management will result in membership suspension. (2008)
- 3.1.4 RULE INFRACTIONS - will be subject to penalties, which may be, but not limited to, removal from competition (2000), disqualification, forfeiture of placing and awards, and suspension of membership. (2008)
- a) Infractions directly observed by a Steward or Technical Delegate, or Ride Management - penalties will be enforced. (2008)
  - b) Infractions reported to a Steward, Technical Delegate, or Ride Management – penalties will be enforced following a review. (2008)
  - c) Infractions resulting in Membership Suspension will be promptly reported by Ride Management to:
    - i) The CaLDRA Secretary for Board action regarding CaLDRA sanctioned Canadian Championships. (2008)
    - ii) The Provincial Organization Secretary for Board action regarding provincial sanctioned events run in conjunction with the Championships. (2008)
  - d) Failing a Drug Test – See 3.1.9
- 3.1.5 POLICY ON DRUGS - CaLDRA is resolutely and absolutely opposed to the presence of drugs in horses participating in Competitive Trail and Ride and Tie competitions, (By-Law 2, Article 1, E) in National or Provincial events. (2008)
- a) Drugs or other artificial remedies may NOT be administered during the competition to any horse, except in an emergency, under the direction of the Veterinary Judge. (Original)

# CANADIAN National RULE BOOK

- i) At Veterinary/Judges discretion the horse may continue in competition e.g., horse cuts its eyelid on a branch, at a check it needs a lidocaine local to throw in a few stitches. (2008)
    - ii) Other judges must be informed of any treatment. (2000)
  - b) Medications, ointments, braces, or dressings are prohibited. (Original)
- 3.1.6 DRUGS in any form are prohibited. (Original) (By-Law II, Article 1, E)
  - a) No attempt has been made in this document to name all the prohibited drugs or acceptable substances. It is not possible to either complete or keep such a list current. (Original)
  - b) Drugs Means, but not limited to: (1) Stimulants (2) Depressants (3) Anesthetics (4) Anti-inflammatory agents (5) General painkillers, (6) Tranquillizers and (7) Antimicrobials are forbidden in any form, (By-Law II, Article 1, E) or any drug that could affect the performance or well-being of the horse, or any substance that would mimic or mask other medications. (2006)
  - c) The AERC definition of drugs will be used. (Original) See AERC Handbook for complete Drug Rule. (2008)
- 3.1.7 HORSE DRUG TESTING - ENTERING A RIDE CONSTITUTES CONSENT. (2006)
  - a) In National or Provincial events (2008) all horses are subject to testing whether their riders are CaLDRA members or not. (Original)
    - i) Horses may be subject to blood or urine tests to determine the use of drugs. (Original)
- 3.1.8 RANDOM TESTING
  - a) May be carried out on all horses at any time between the start of the Pre-Ride Vet Check of the horse to be tested, up to the end of the Post-Ride Vet Check. (Original)
  - b) National Championships – Compulsory random drug testing will be carried out at completion of ride. (Original)
  - c) National Championships – One randomly chosen horse from each team may be tested and a minimum of one (1) horse will be selected at random from all horses completing the ride(s). (Original)
  - d) Qualified personnel, identified by Ride Management, will identify themselves to the rider prior to taking random blood, and/or urine samples. (Original)
    - i) Blood samples will be collected by a veterinarian, preferably not a ride vet (see AERC). (2008)
    - ii) Urine samples may be collected by Provincial drug testers. (2008)
- 3.1.9 CONSEQUENCES OF A POSITIVE DRUG TEST
  - a) Violations of this drug and medication policy will necessitate disqualification, the return of any awards, forfeiture of any mileage earned, (Original)
    - i) National Championships – CaLDRA membership will be suspended as per 2.7 (2008) Appeal process Section 9
  - b) If the rider requests further testing, the rider will be responsible for all expenses incurred to determine the prohibitive substance detected. (Original) CANTEST advises the prohibitive substance, but there is extra cost to have it quantified. (2008)
- 3.1.10 FEES FOR DRUG TESTING
  - a) Ride Management will collect a fee from each rider (in addition to the entry fee) to cover the costs of drug testing. (Original)
  - b) The fee is set by Ride Management, and to be based on the cost of drug testing at CANTEST, Vancouver and the number of horses to be tested. (Original)
    - i) Normal screening currently estimated at approximately \$60 per sample plus handling and taxes. (2008)
    - ii) Quantification on any positive test is approximately \$150/drug. (2008)
  - c) It is Ride Management's responsibility to ensure the collected fees are sufficient to cover all costs associated with drug testing. (Original)

# CANADIAN National RULE BOOK

## 3.2 Registration/Entries/Teams

### 3.2.1 REGISTRATION (At Ride Site)

- a) Upon arrival at the ride site, competitors must check with officials for assigned "stabling" and parking. (2008)
- b) As soon as possible, competitors should check in with the Ride Secretary and receive their Ride Package. (2008)

### 3.2.2 RIDE PACKAGE

- a) Will contain any information the Ride Management feels riders might require; including, but not restricted to, the following:
  - i) Rider Number – To be displayed at all times by the rider. (2008) See 3.3.9
  - ii) Score Card – To be presented to the examining officials at the Pre-ride Vetting. (2008)
  - iii) Schedule of Activities – Including the time and location of required meetings, location, schedule and protocol for the awards ceremonies, availability and timing of meals etc. (2008) See 3.3.7

### 3.2.3 PROOF OF MEMBERSHIP

- a) Canadian Championship events require CaLDRA Membership for Individual, Team, or Foreign competitors. (Original)
  - i) Foreign riders, receive Associate Individual CaLDRA Membership (non-voting) upon payment of the CaLDRA membership fee. (Original)
  - ii) CaLDRA membership application is available at [www.caldra.ca](http://www.caldra.ca) and must be accompanied by the appropriate fee payable to "CaLDRA" (2008)
- b) Provincial sanctioned events require membership in a Provincial Organization (holding CaLDRA membership) See 2.2.2
  - i) Exception: At Ride Management discretion, Foreign Riders or non-members may purchase Single Event Membership (See 2.4) but must also provide Proof of Insurance. (2008) See 3.2.6

### 3.2.4 PROOF OF INSURANCE

- a) All riders must show proof of off property liability insurance for at least one million dollars (\$1m). (2006)
  - i) This includes any rider not entered in the competition who is sponsoring a junior rider. (2008)
- b) This may be done by proof of membership in a provincial horse council or federation, if that organization supplies this coverage. (2006)
- c) Riders failing to provide proof of insurance will not be allowed to compete and horses must leave the grounds. (2008)
- d) Penalties - Failure to remove horses within a time frame specified by Ride Management will result in suspension of membership. (2008)

### 3.2.5 PROOF OF A NEGATIVE EIA TEST (Equine Infectious Anemia) commonly referred to as Elisa or Coggins test.

- a) Must be taken within the previous twelve (12) month time period, (2002) or horses will not be permitted to compete and must leave the grounds. (2008)
- b) CaLDRA supports negative EIA requirements, for regular CTR and R&T events run in conjunction with the championship (2008)
- c) Penalties - Failure to remove horses within a time frame specified by Ride Management will result in suspension of membership. (2008)

### 3.2.6 PRE EXISTING METABOLIC CONDITIONS (horses)

- a) Horses with a known arrhythmia must present documentation from a veterinarian of the arrhythmia to the Ride Manager or Ride Secretary upon registration who will note the use of "stethoscope only" on the scorecard to alert the Heart Rate Technicians and Veterinarian/Judges. (2006)
- b) Competitive Trail – To avoid being penalized for a pre existing metabolic condition of the following Criteria - Capillary Refill, or Hydration - scored under Veterinary Judging, Section 6 (e.g. low blood pressure giving slow Capillary refill, or loose skin giving a slow skin pinch Hydration test) a document, from a veterinarian independent

# CANADIAN National RULE BOOK

of CaLDRA, must be provided to the Head Veterinarian/Ride Management prior to judging taking place, attesting that the condition is non pathological and "normal" for that individual horse. (2008)

## 3.2.7 ENTRIES

- a) Individual/Team (Canadian or Non-Canadian) - competing in the Canadian Championship events, or Open competitions run in conjunction with the Championship events, submit entries directly to the Championship Secretary (Dec. 2009).
- b) Must be postmarked by the deadline specified by Ride Management. (2008)
- c) Entry Forms must be accompanied by the specified entry fee(s), (2008)
  - i) Ride Management at their discretion may charge late entry fees. (2008)
- d) Necessary documentation (photocopies) must accompany the entry.
  - i) Only at Ride Management discretion may this be provided to the Ride Secretary at time of registration. (2008)
- e) Non-Canadian (foreign) Riders may be required to provide proof of Citizenship, at Ride Management discretion. (2008)

## 3.2.8 FOREIGN (non-Canadian) Entries

- a) Foreign Individual rider(s) may compete in the Championships. (Original)
- b) Foreign Teams may be entered at Ride Management discretion. (2008)
- b) Foreign riders may compete in Regular CTR Rides (run in conjunction with the Championship) at Ride Management discretion. (2008)

## 3.2.9 PROVINCIAL TEAMS

- a) Competitive Trail
  - i) A team consists of three (3) members with the best two (2) scores to count. (Original) See 3.3.2 additional invited teams
  - ii) Should a province enter only two (2) riders, they shall be a team, (Original) and both scores will count (2008)
- b) Ride and Tie
  - i) An entry (Provincial Team) consists of two persons and one horse. (Original)
  - ii) At Ride Management discretion two entries may be combined to form a single team with both two (2) scores to count. (Original)
  - iii) A ride may offer combined male/female team divisions, or all male/all female and junior divisions. (Original)

## 3.2.10 COMBINING TEAMS

- a) Provinces may combine when necessary on approval of Ride Management, (Original) and Provincial Associations and/or Ground Jury. (2008)
- b) Examples: Nova Scotia – 2 riders, PEI – 1 rider = the Maritimes;  
Manitoba – 2 riders, Saskatchewan – 1 rider = the Prairies.

## 3.2.11 ADDITIONAL TEAMS

- a) Host provinces, at their discretion, may field an extra team. (Original)
- b) If the host province is able to accommodate additional horses/riders, they may at their discretion, invite ALL provinces to send more than one team, however, all declared Team(s) will compete equally for the Championship awards. (2010)  
*Rationale – Supports horse and rider development by providing increased opportunity for athletes/horses to gain experience at the national level.*

## 3.2.12 DECLARING TEAMS

- a) Members of a team must be declared in writing by the Chef d' Equipe/Team Manager (2006) to Ride Management within the deadline specified. (2008)
  - i) If ALL provinces are invited to bring more than one team, the Chef d' Equipe/Team Manger must declare Team(s) (competing for the Championship Awards), within 1 hour of the end of vetting in, or the deadline specified by Ride Management. (2010)
- b) A province may bring Alternate Team rider(s), but once the team(s) have been declared the Alternate(s) may only compete as an Individual competitor(s). (2008)

## 3.2.13 CROSS ENTERING – IF the ride time set for the Regular CTR Ride(s) differs from that of the Championship Ride(s) run on the same day(s) cross-entering will NOT be permitted. (2008)

# CANADIAN National RULE BOOK

- 3.2.14 PROVINCIAL RIDES run in conjunction with the Championships
- a) Ride Management at their discretion may offer other regular rides. (2006)
  - b) Competitive Trail – Examples (2006):
    - i) 2 Days Open – 30 to 50 miles per day at a pace between 6 and 7 mph
    - ii) 1 Day - Open – 35 to 50 miles at a pace between 6mph and 7 mph. and/or Intermediate – 25 to 35 miles at a pace between 5 mph and 7 mph. and/or Novice – 18 to 25 miles at a pace between 4 mph and 5.5 mph. (Novice Rider – definition will follow provincial host rules) (2008).
    - iii) Juniors/Young Riders competing in Regular CTR Rides must meet the weight requirements of the weight divisions (2006), if no Junior Division is offered (Amended Jul 2008).
  - c) Juniors/Young Rider Division(s) (2006) may be offered at Ride Management discretion, if entries warrant (2000), and speed is recommended the same as Open riders, or may be the same speed as Intermediate riders. (2008)  
*Rationale – facilitate juniors being sponsored by an Open rider, or an Intermediate rider, not a Novice. (2008)*

## 3.3 General Information

- 3.3.1 RIDE SITE - DESIGNATED AREAS
- a) All horses are to be kept in the area(s) designated for “stabling” (Original), except when being ridden, exercised (2006) or grazed. (2008)
  - b) The area per horse shall be no larger than 150 sq feet (i.e. 10 x 15). (Original) The shape of containment areas need not be a “square” provided they do not use up more than a maximum of 150 sq ft. (2008) Increased space per horse may be permitted subject to Ride Management discretion. (2008)  
*Rationale – Allow the maximum number of ‘rigs’ on the grounds. (2008)*
  - c) Confinement (corral, picket or tie) is at the discretion of the competitor unless restricted by Ride Management. (Original)
  - d) Overnight - In the case of multi-day rides, except in the case of the team vet requesting to check on a horse, no one shall disturb the horses (2000) between 11pm to 2 hours prior of ride start. (2006)  
Exception: in the case of loose horses, wild weather, etc. (2008)
  - e) Provincial Teams shall each be assigned a designated area for their horses each of which should be of similar size. (2006)
    - i) If small pens or paddocks (i.e.10 x 10 or similar) are available to all teams they may be used. (Original)
- 3.3.2 REFUSE
- a) Ride Management shall designate manure and garbage disposal areas. (2008)
  - b) Riders should clear camping areas of refuse before leaving. (2006)
- 3.3.3 DOGS
- a) If you absolutely must bring a dog, it is to be restrained at ALL times. (2006)
  - b) No dogs are allowed in any veterinary check area during the ride, including pre-ride and post-ride vetting. This includes the area from the Arrival/In Timer to the Out Timer, including crewing area, Heart Rate and Veterinary inspection areas. (2006)
  - c) Penalties - Infractions will be subject to penalties set by Ride Management, and at their discretion these penalties may be monetary. (2008)
- 3.3.4 SMOKING
- a) All officials and riders shall smoke only in open or hazard-free areas. (2010)
- 3.3.5 SCHEDULED MEETINGS
- a) Officials Meeting – is held prior to the ride to co-ordinate procedures. (2008)
  - b) Chef d’ Equipe/Coaches Meeting (National Championships) is held following the Officials Meeting to review the rules and procedures of the competition. (2008)
    - i) At Ride Management discretion, this meeting may be restricted to briefing Teams only. (2008)
    - ii) Team members are represented at this meeting by their Chef d’ Equipe/Team Manager. (2008)

# CANADIAN National RULE BOOK

- iii) At Ride Management discretion, if this meeting includes individual riders entered in the Championship events, these may be represented by a Coach who may be a parent, spouse, or pit-crew, or if an individual rider is alone at the ride they may represent themselves. (2008)
  - c) Pre Ride Talk/Athlete's Meeting – is given following the Pre-Ride Vetting to all competitors and support persons, officials, etc. (2008)
    - i) Two (2) Day Ride - Should be held on the evening before the first day's ride following the pre-ride veterinary check, plus a briefing for the second day's ride should be held the evening before the second day's ride. (Original)
    - ii) One (1) Day Ride – These must be held prior to the start of the ride. (By-Law II, Article 1, F)
    - iii) The Talk shall include information on the number of veterinary checks, check point procedures, parameters, time allowed, pace (mph/kph), length of mandatory holds/rest periods, water stops and at what mileage, rules on sponging, when mile markers start and how often, trail marker coding, ability to change/alter trail due to emergency situations, etc. (Original)
    - iv) Any rules and policies not covered in the National Rule Book should be clarified to all competitors at the ride briefing by Ride Management. (Original)
    - v) Riders are responsible for all of the information given. (2006)
  - d) Additional meetings may be held at Ride Management discretion. (2008)
- 3.3.6 PRE-RIDE EXAM – will take place at
- a) Every horse will receive a pre-ride examination by or under the supervision of a certified Equine Veterinarian, (Original) See 3.4.1
    - i) Two (2) Day Ride, this must be held on the evening before the first day's ride. (Original)
    - ii) One (1) Day Ride, this must take place either the evening before OR the morning of the ride as specified by Ride Management, (Original) and in the case of morning vetting, it is recommended that no horses will be judged less than 30 minutes prior to the start of the ride. (2006)
    - iii) Exception: If an entered competitor fails to appear before dark on the day before the event, Ride Management with the Ground Jury, upon hearing the reason for lateness MAY allow the vetting to be done before the competition begins. (2006)  
*Rationale – To provide for unexpected difficulties experienced by those traveling a long distance to the competition, e.g. mechanical or border crossing delays. (2008)*
- 3.3.7 IDENTIFICATION/NUMBERS
- a) Rider/runners - The method of identification used, i.e. bibs, is at the discretion of Ride Management. (2006)
  - b) Horses - Are identified with their number once they have passed the Pre-ride Exam. (2008)
    - i) Using a stock marker on both sides of the horse's rump is at the discretion of Ride Management. (2006)
    - ii) It is also recommended that both the horse and rider/runner be identified with the same number in case they are separated. (2006)
    - iii) Horses in a Team may (2008) be designated visibly, e.g. with a "T" marking after the number, at Ride Management discretion. (2006)
    - iv) Juniors may be designated visibly, e.g. with a "J" marking after the number, at Ride Management discretion (2008)
  - c) The rider/horse number only (not name) may be shown on the score card at Ride Management discretion. (2008)
    - i) Scorecards will be retained by the officials during the ride and given to the rider by the In Timer at each check. (2008)
  - d) Competitive Trail - Overnight if numbers are provided that attach to the entries halter, these should be visible or affixed in close proximity to where the horse is tied or corralled (Original), and the matching number must be shown on the person responsible i.e. rider when the horse is being handled. (2008)

# CANADIAN National RULE BOOK

## 3.3.8 BEGINNING OF COMPETITION

- a) Horse and rider are considered in competition from the moment the horse is presented to the Judges for the Pre-ride Veterinary Check (2006) until the All Clear has been given on the final day. (2008)
- b) Numbers must be clearly displayed while competing, beginning with the Pre-Ride vet-in examination and until after the final check. (Original)  
*Rationale - This identifies to officials the person responsible for the horse. (2006)*

## 3.3.9 AWAY CHECKS

- a) Rider Equipment - For those riders going "cavalry style", it is recommended that Ride Management, at their discretion, provide a vehicle to enable a reasonable amount of the rider's "stuff" to get to the checkpoint(s) and that it is placed where the rider may safely bring their horse. (2008)
- b) Horse Trailer – Must be made available to transport horses, that have been eliminated or withdrawn, during the ride back to the ride campsite or if necessary directly to a treatment or other facility. (2006)

## 3.4 Riders/Competitors

### 3.4.1 PRESENTATION FOR EVALUATION (also See 3.1.3 Veterinary Decision).

- a) Riders are responsible for presenting themselves on time at the start and for all veterinary checks. (Original)
  - i) Pre-Ride Check – Riders must present horses at a time specified by Ride Management, (2006) together with assigned rider number and scorecard. (2008)
  - ii) Pre-Ride and Final Check – Horses should be without tack, groomed and shown in appropriate head gear and shank. (2008)
  - iii) Mid-Checks (other than pre and final) the Judges will determine whether the trot out will be with or without tack. (2006)
- b) All veterinary criteria will be assessed and recorded at each check. (Original)
- c) Horses will be asked to trot a set distance in a straight line from and to the judge. (Original) The distance must be a measured 125 ft, when a CRI (Cardiac Recovery Index) is being used. (2008)
- d) Horses will be asked to circle in both directions on a circle approximately eight (8) meters in diameter at Pre-ride and Final Check. (Original)
  - i) At the judge's discretion, circling may be required at other checks to assist in evaluating lameness or other condition. (2008)
- e) Competitive Trail
  - i) At the Pre-Ride examination it is up to the rider to point out any marks or blemishes to the Veterinary/Judge. (2006)

### 3.4.2 SPORTSMANSHIP/BEHAVIOUR

- a) Riders who abuse their horses or engage in rude or unsportsmanlike behavior will be disqualified at the discretion of the Judge and/or Ride Management (2006).
- b) Competitors and Pit Crews tampering with tied horses, or deliberately influencing the behaviour of horses belonging to other teams, (Original) will be penalized or disqualified at the discretion of the Steward and/or Ride Management. (2008)
- c) Verbal or Physical abuse of any ride official will not be tolerated and at the discretion of the Judge, Steward/Technical Delegate, or Ride Management will result in disqualification and/or membership suspension. (2008)

### 3.4.3 EXPENSES

- a) All Veterinary and/or Farrier expenses incurred by competitors are the responsibility of the competitor. (Original)
- b) Penalties – Failure to pay the incurred fees will result in suspension of membership. (2008)

- 3.4.4 HEADGEAR – Protective headgear that conforms to ASTM F1162 (Previously only required for juniors under 16 years of age), (2002) is mandatory for all riders (2006) while mounted, or they will be disqualified. (2008)

# CANADIAN National RULE BOOK

- 3.4.5 FOOTWEAR – Footwear with heels (not less than 1cm) (2008), OR use of breakaway stirrups, OR use of basket/cage type stirrup covers (Previously only required for juniors under 16 years of age), (2002) is mandatory for all riders (2006), while mounted or they will be disqualified. (2008)
- 3.4.6 JUNIOR/ YOUNG RIDER – NOT REQUIRING SPONSORSHIP
- For any individual who has turned 16 years of age, until the end of the year in which they reach the age of 18 years - junior (2002), OR 21 years - young rider (2008) sponsorship is not required. (2006)
  - Parent or guardian consent must be provided to Ride Management for Juniors prior to competition or the rider may not compete without sponsorship. (2008)
- 3.4.7 JUNIOR – REQUIRED SPONSORSHIP
- An individual who has not turned 16 years requires a designated adult sponsor, (2002) indicated on the scorecard. (2008) See 3.4.8 for Exemptions
  - The Sponsor (see Definitions 1.5.6) is subject to the entry fee and must pass all veterinary checkpoints regardless whether they choose to compete themselves or not. Also see 3.2.6 for Sponsor Insurance Requirements.
  - Should the sponsor become unable to continue, the junior will ONLY be allowed to continue IF
    - There is another designated sponsor, previously identified to Ride Management, or another willing, appropriate adult sponsor is found and available to continue with the Junior (2008), AND
    - Change of sponsorship must occur at an official checkpoint (2008), PLUS
    - Ride officials must be advised, the new sponsor must sign their consent and the change of sponsorship written on the scorecard. (2008)
    - If a previously designated sponsor is not available or another willing, appropriate adult sponsor cannot be found, then the Junior may not continue. (2006)
  - Competitive Trail – The junior must ride and remain with their sponsor at all times when on trail (2002), or will be disqualified. (2008)
  - Ride and Tie – A senior sponsor must accompany the junior at all times while they are mounted during the race, (Original) or the junior will be disqualified. (2008)
    - ANY Sponsor not themselves entered in the R&T competition may not appear to be “pacing” the junior and wherever possible the junior should be leading. (2008)
- 3.4.8 JUNIORS - EXEMPTION from SPONSORSHIP
- A Junior turned 14 years of age and not yet turned 16 years of age (see Definitions 1.5.4) may compete without a sponsor ONLY if ALL the following points apply:
    - Competitive Trail - The junior must have completed 500 miles in recognized long distance riding events. (2006)
    - Ride and Tie - The junior must have completed either 500 miles in recognized long distance riding events or 50 miles in Ride and Tie events. (2010)  
AND
    - The junior must have received approval for this exemption in writing from their provincial organization verifying the required mileage, and competence  
AND
    - This approval together with Parent or Guardian consent must be presented to Ride Management prior to competition, and Ride Management's consent must be noted on the scorecard. (2006)
  - Failure to provide the necessary documents to Ride Management prior to the start of the ride will require that the junior must ride with a sponsor, see 3.4.7, and if a sponsor is unavailable, the junior will not be permitted to compete. (2008)
  - REVOKING EXEMPTION from sponsorship – the right to ride without sponsorship may be denied or suspended based on demonstrated and/or repeated poor sportsmanship and/or horsemanship. (2008)

# CANADIAN National RULE BOOK

- 3.4.9 ALL COMPETITORS - DISQUALIFY/ELIMINATE/PULL/WITHDRAW
- a) A horse and rider(s) are a team and disqualification of one constitutes disqualification of the other. (2006)
  - b) Any rider who misses a check or control point will be disqualified. (2006)
  - c) During competition, riders may not exchange horses, or a horse be ridden by a different rider without being disqualified. (2008)
  - d) The Veterinarian/Judge or Ride Management may Disqualify, Eliminate, or Pull a horse and it must be removed from competition. (2008)
  - e) A Competitor may choose to Withdraw or Pull their horse indicating that they are voluntarily removing their horse or themselves from competition. (2008)
  - f) At any Check Point away from base any horse removed from competition by EITHER the Veterinarian/Judge OR by a competitor
    - i) Must be trailered back to Base Camp (2006) and may no longer be ridden on trail. (2008) See 3.3.11  
Exception: Horses voluntarily withdrawn may be ridden back to base camp, ONLY if first cleared to do so by a Veterinarian and so indicated on the score card. (2008)
    - ii) Horses removed by the Veterinarian must be rechecked at Base Camp by a Veterinarian, as soon as one is available, and prior to the horse leaving the ride site. (2006)
    - iii) Penalties – Failure to comply with any of the above will result in membership suspension. (2008)

## 3.5 Horses/Equipment/Allowed Substances

- 3.5.1 AGES
- a) If registration papers are not available, the Veterinary Judge(s) will verify the age of the horse. Horses will be considered to be five (5) years old or older if they have a “full mouth” (all permanent incisors have erupted and are in wear). (2004)
  - b) Competitive Trail - In all competitions horses must be at least four (4) years of age. In any competitions of 35 miles or more, horses must be at least five years of age (By-Law II, Article I, B), or will not be allowed to compete. (2008)
  - c) Ride and Tie/Endurance – Horses must be at least five (5) years of age (Original), or will not be allowed to compete. (2008)
  - d) Provincial – Mileage, Judged Pleasure, Training Rides, Clinics, etc., horses must be at least (4) years of age. (2008)
- 3.5.2 BEHAVIOUR/SAFETY/STALLIONS
- a) Responsibility for their horse's behavior prior to, during and after the event will be the rider's, or rider(s) in the case of Ride & Tie. (Original)
    - i) Horses deemed a safety hazard will not be judged. (2006)
    - ii) A rider/team will be disqualified from the event if, at the discretion of the Ride Management, any competitor or horse jeopardizes the safety of other competitors, (Original) or officials. (2008)
  - b) Precautionary RED Ribbons
    - i) Signifying horses that are known (2008) to kick at other horses or people must be tied in the tails (Original) and recommended for a horse more likely to kick, e.g. young, inexperienced or nervous. (2008)
    - ii) It is recommended that red ribbons also be placed in the mane to help warn people approaching from all angles. (2008)
  - c) Precautionary YELLOW Ribbons
    - i) Signifying a Stallion, must be tied in both manes and tails (Original) from arrival until leaving the grounds. (2008)
  - d) Stallions
    - i) Must be double-tied, when tied. (Original)
    - ii) Precautionary Yellow ribbons - See above
    - iii) Junior riders may not ride stallions. (2006)
  - e) Precautionary GREEN Ribbons
    - i) Signifying green/inexperienced horses and/or riders, are recommended tied in the tails, and

# CANADIAN National RULE BOOK

- ii) For horses known to “travel erratically” e.g. spooks violently that may present a hazard. (2008)
- 3.5.3 TACK/SAFETY CHECK may be held at the start of each day’s ride (Original) at Ride Management discretion. (2008)
- 3.5.4 TYPE OF TACK AND EQUIPMENT
  - a) Is at the discretion of the rider. (Original)
  - b) Saddles must be used, but the type of saddle is at the discretion of the rider. (Original)
- 3.5.5 RESTRAINTS
  - a) Any form deemed by Ride Management to be cruel or used inhumanely is prohibited. (2006)
  - b) Running martingales are acceptable. (Original)
  - c) Standing Martingales (2008) or Tie-downs in any form are NOT permitted. (2000)  
*Rationale - For safety if a horse is crossing, or escapes into water, it must be able to use its head and neck freely or risk drowning. (2006)*
- 3.5.6 WHIPS/SPURS

Competitive Trail

  - a) On Trail - Whips, bats, crops, spurs (Original) or other goads (2008) will not be allowed. (Original)
  - b) Presentation - No whips or crops will be used by the rider. (Original)
- 3.5.7 AUXILIARY DEVICES
  - a) Heart monitors are permitted, (2006) however, must be turned off in the HR and Veterinary Checks. (2008)
  - b) GPS systems or similar types of equipment are permitted. (2006)
- 3.5.8 HOOF PROTECTION/SHOEING
  - a) Shoeing is at the owner or rider’s discretion and is usually recommended, and Pads are accepted. (Original)
  - b) Hoof protection will be allowed (Original), including those with straps, gaiters and keepers as long as these attachments do not extend above the pastern. (2011) See Leg Protection Devices  
*Rationale – Hoof boots protect a horse from being barefoot, as does ‘steel’ shoes, therefore to make attachment of hoof boots possible, ‘protection’ to the horse below the fetlock is be permitted without penalty.*
  - c) The Veterinarian/Judge may ask that hoof protection be removed (if feasible) for examination at any check, (Original) if in their opinion this is required for soundness evaluation. (2008)
- 3.5.9 LEG PROTECTIVE DEVICES
  - a) Competitive Trail – Horse must remain bare legged (No leg boots, wraps, etc. of any kind at any time) throughout the competition until the final “All Clear” is given by officials at the finish, approximately 2 hours after the last horse is vetted on the final day. (2008)
    - i) Anything providing protection to the fetlock (2011) or above (2000) will not be allowed. (Original)
    - ii) Leg bandages/wraps or boots are not permitted. (Original)  
*Rationale – Leg bandages/wraps are technically considered “dressings” (especially in the case of trail or interference lesions incurred on Day 1 of a competition) and as such are prohibited in CTR. (2008)*
    - iii) Multi-Day Rides - This rule also applies to the overnight rest period between 11pm (2006) and until 2 hours prior to a ride (2008) See 3.3.3

# CANADIAN National RULE BOOK

## 3.5.10 COOLING/ICE/ICE WATER/ICE BOOTS

### a) Competitive Trail

- i) As per 3.5.9 horses must remain bare legged (No boots, wraps, etc. of any kind at any time) throughout the competition (2008)

*Rationale – One of the things being assessed in CTR is the horse's ability to recover, including in a multi-day ride being judged and evaluated the following day by the veterinarian (without using artificial aids like wraps)*

*- If a horse is truly fit and handling the competition well, it shouldn't require wrapping.*

*- If there is a problem, wrapping may hide or reduce it.*

*- If a veterinarian is checking on the horses at night, he/she should be able to see the legs of all horses (without wraps) (Clarification 2008) See 3.3.3*

- ii) Cold water, (Original) ice water, or ice (2008) is permitted any time other than during the overnight restricted rest time. (Original)

*Rationale - evaluation of "cold/ice water" is too subjective to enforce fairly. (2008) however,*

- iii) Ice Boots are not permitted. (Original) including all gel wraps or wraps of any kind at any time (Clarification 2008)

- iv) At a check horses "not being ridden" may be permitted to stand in a creek, or be hosed down, at ride management discretion. (Clarification 2008)

### b) Ride and Tie

- i) Use of ice, ice water is permitted. (Original)

- ii) Ice boots are not permitted, (2008) including all gel wraps or wraps of any kind at any time. (Clarification 2008)

## 3.5.11 ELECTROLYTES/FEED/WATER/SUPPLEMENTS

- a) Are permitted. (Original)

- b) Adequate use of oral electrolytes specifically formatted for performance horses is permitted (Original) and highly recommended. (2006)

- c) Riders are encouraged to adequately replace their own personal fluid/electrolyte loss in order to provide the best care of their horses. (2006)

*Rationale – Research on human athletes indicates only a small amount (3%) dehydration can negatively affect cognitive reasoning, resulting in such things as confusion, irritation and reduced co-ordination. (2008)*

## 3.5.12 FLY REPELLANTS are permitted. (Original)

## 3.6 Pit Crew Restrictions

### 3.6.1 Assistance – Check Points

- a) Pit crews may place feed, water buckets, blankets, hay or other equipment at a checkpoint in the designated areas. (2002)

- b) Competitive Trail - Once the horse enters the checkpoint, riders must care for their own mounts. (Original)

- i) Riders may have help in holding a horse at any time, however, Pit Crews may only act as a "post" (2002) and avoid contact with the horse. (2006)

- ii) They may have assistance in carrying equipment such as water buckets, hay, feed, saddles and blankets (Original).

- iii) There may be exceptions for junior or handicapped riders, which must be cleared with the Ride Steward and Ride Management, (Original) i.e. tightening girth, mounting, etc. but not basic care of the horse. (2008)

- c) Ride and Tie

- i) Pit Crews may only untie and lead horses at the Vet Checks, not on trail. (Original)

- ii) Designated team crew may work with the horse at any vet check specified by Ride Management to be open to "crews." (Original)

- iii) Ride Management may require that team crew obtain a pass the day before the race. (Original)

# CANADIAN National RULE BOOK

## 3.6.2 On The Trail

- a) Competitive Trail - There will be no pit-crewing on the trail. (2002)
  - i) Emergency Cooling Stations on trail, allowing water and sponging for ALL horses may be authorized by the Head Veterinarian/Ride Management/Steward due to extreme heat/humidity. (2010)
- b) Ride and Tie - Pit Crews may assist teams at several locations on the trail, subject to Ride Management, (Original)
  - i) No person other than team members and designated race officials may handle a team's horse on the trail during the race, unless in an emergency i.e. a loose horse, tangled horse, any safety concern. (Original)

## 3.7 The Trail/Course

### 3.7.1 TRAIL MAPS

Accurate maps must be provided. These should include location of Vet Checks and, H/R stops, where water is safely available or provided, land marks (e.g. road crossings, river crossings, railways etc.) (Original) and if possible include elevation changes. (2008)

- a) It is recommended the map
  - i) Be given to all officials, workers, and to all riders. (2010)
  - ii) Include Emergency numbers, plus a cell phone number at the ride site if available. (2010)

### 3.7.2 DISTANCE must be accurately measured and riders notified of number of miles/kilometers to be ridden. (2000)

*Conversion factor to be used 1 mi= 1.609km (i.e. 25 mile/40km, 40 mile/64km,, 50 mile/80km, 80 mile/128km, 100 mile/160km)*

- a) Competitors must follow the trail as laid out by Ride Management (Original). Failure to do so may result in elimination. (2010)

### 3.7.3 MARKINGS

- a) Marking of the course - will be clearly done using ribbons, arrows, plates, stakes, paint, lime on the ground, or any obvious method, indicating the route and direction of travel over local terrain. (Original)
- b) Competitive Trail
  - i) At five (5) mile/8km increments are required. (Original)
  - ii) At two (2) miles/3km before a checkpoint there will be a marker. (Original) This is at 1-1/2 miles before reaching the Half Mile Timer. (Clarification 2009)
  - iii) Additional "count down" markers of the last 5 miles in 1 mile increments, i.e. 4mi, 3mi, 1mi, may be added at Ride Management discretion. (2008)

### 3.7.4 START LINE

- a) There must be an obvious Start Line clearly marked. (2006)
- b) Competitors are not allowed to cross the line before being given the signal. (2006) Failure to obey this will result in disqualification. (2008)
- c) Competitive Trail - At the start of each day's ride, horses will be spaced at
  - i) A minimum of thirty (30) or sixty (60) second intervals,
  - ii) or 2 riders at a time at two (2) minute intervals,
  - iii) or at greater intervals (2008) at Ride Managers discretion. (Original)
- d) If MORE than 2 competitors wish to ride together they will be timed out at the same time ONLY if
  - i) They have informed the official Timer the evening prior to the day's ride. (2006)
  - ii) The interval time for the next rider will be at the Ride Manager's discretion, but must be at least 60 seconds. (2006)
- e) There may be additional breaks (2008) between groups of riders at the discretion of Ride Management. (Original)
- f) Order of Timing Out for the second day is either the same or in reverse order at Ride Management discretion, but riders will be advised at the Pre-Ride Talk/Athletes Meeting. (2008)

# CANADIAN National RULE BOOK

- g) Penalties:
  - i) If the Timer calls the rider's number and the rider has not shown up, his/her time will be considered as running. (2006)
  - ii) Any individual or team rider not at the starting line at the time designated as their start time will have to make up the time on trail between their actual departure and their designated start time. (2006)
- h) Ride and Tie – Riders and Runners start at the same time for a mass start (Original), but for safety, Ride Management may choose to start all Riders ahead of all Runners. (2006)

## 3.7.5 NUMBER/SPACING OF VET CHECKS

- a) Number of vet checks will be determined by Ride Management and/or the Veterinary Judges. (Original)
- b) Check point spacing should be based on providing the horse with approximately 2 minutes rest for every 1 mile of trail completed, with no more than approx. 15 miles completed without a rest. (2008)
- c) Competitive Trail – Mandatory Holds (See 4.5.1)  
Examples:
  - i) 30 miles - 60 minutes rest, may be a one (1) hour stop or two half-hour rest stops, or at Ride Management discretion. (Original)
  - ii) 40 miles - 80 minutes rest, recommended as two 40 minute holds, or at Ride Management discretion. (2010)
  - iii) A 15 minute time allowance may be added for each "on trail" Veterinary checkpoint (original) at Ride Management discretion to provide sufficient time for BOTH vetting and rest for horse/rider (2010), *e.g. if loops are of unequal lengths, or limited manpower, etc.*

## 3.7.6 LOCATION/LAY OUT OF VET CHECKS

- a) Vet check areas must be clearly marked and must be safely off the trail from where other riders will be riding in. (2006)
- b) Timers areas should be clearly defined (2006)
  - i) The In-Timer and an official time clock must be clearly visible. (2008)
  - ii) There shall be a clearly designated line also visible to the In Timer indicating where riders may cease trotting. (2008)
- c) Heart Rate Check area should be clearly designated (2006)
  - i) It is recommended that separate lanes (clearly marked) are used together with a transition area to veterinarians. (2008)
  - ii) For consistency, it is recommended that a person be assigned to direct riders into the lanes and to call time and/or put presentation time on the scorecards. (2008)
- d) Vetting area should be reasonably flat with trotting lanes and room to circle horses approximately 8 meters in diameter for veterinary judges (2006) and be a measured and marked distance of 125ft., preferably not using the trail. (2008)
  - i) For consistency, it is recommended that a person be assigned to direct riders to the next veterinarian and/or put presentation time on the scorecards. (2008)
- e) Crewing areas should be designated with access to water for the horses, and sponge buckets. (2008)

## 3.7.7 WATER

- a) If natural facilities that are safely accessible are not available, drinking water for horses must be provided at all compulsory stops and at least at ten mile intervals, (By-Law II, Article 1, C) and is recommended every 5 miles/8km after the first 10 miles/16km. (2008)
- b) Sponging – Ride Management will advise if sponging is allowed from the water troughs and if not permitted, sponge buckets must be provided, or riders restricted to the use of scoops. (2008)
- c) When cooling horses, riders should do their best to conserve water, e.g. not using buckets to pour large amounts of water over the horse. (2008)
- d) At Check Points it is recommended that drinking water be available for horses and riders. (Original)

# CANADIAN National RULE BOOK

## 3.7.8 TERRAIN

- a) Must be natural and native to the local area (Original)
  - i) With no constructed obstacles, i.e. jumps, (2008)
  - ii) And be sufficiently challenging for a championship ride. (Original)
- b) The trail must be safe. (Original)
  - i) Dangerous river crossings should be avoided or a horseman with safety equipment should be stationed. (2006)
  - ii) Known bogs, or trail that will seriously degrade from use during the competition should not be used. (2009)

## 3.7.9 SAFETY/HAZARDS

- a) At any location designated by Ride Management as hazardous, riders may be instructed to dismount and lead their horse through/over obstacle. (Original)
- b) Traffic control
  - i) Heavily traveled roads or crossings must have personnel for traffic control. (2006) and riders must obey instructions (2008).
- c) The Highway Traffic act must be obeyed if any portion of the trail requires traveling on a roadway. (2008)
  - i) All riders and horses must stay on the right hand side of roadways, and runners remain on the left (facing oncoming traffic). (2008)
- d) Closing an "Away" Vet Check, Officials/Veterinarian will verify that no other horses are due at the check and will wait 15 minutes after the last horse leaves before closing the vet check. (2008)
- e) A Manifest of Entries, must be kept throughout the ride and include horses eliminated at veterinary check. (2006)

## 3.7.10 TRAIL MARSHALS/CONTROL POINTS

- a) Individual or Team members must pass and report their number to any Trail Marshal(s) who may be positioned at intervals along the course (Original) at Ride Management discretion. (2008)
- b) An infraction of the rules reported by a Trail Marshal or other designated ride official will be subject to disqualification. (Original)
- c) Drag Rider/Control Points
  - i) A ride should provide adequate trail supervision either by having safety (drag) riders or by having control points along the trail equipped with radios or cell phones. (2006)
  - ii) A Drag Rider should follow the last contestant at a distance or time decided by Ride Management. (2008)
- d) Ride and Tie – a Drag Rider will follow behind the last contestant (Original) at an approximate distance decided by Ride Management. (2008)

## 3.7.11 SHORT CUTS/OFF TRAIL

- a) The same horse and rider team, and runners must stay on the trail as marked (meaning within or close to the markers, no cutting off corners or taking "shortcuts" from one marker to another) and pass all control points. (By-Law II, Article 1, G)
- b) Competitors inadvertently off-course
  - i) Must return to the point at which they left the marked trail and complete the course correctly. Failure to do so is grounds for disqualification. (Original)
  - ii) Significant shortcuts, whether unintentional or otherwise could result in disqualification pending a review of any complaints received by the Steward or Technical Delegate. (Original)

## 3.7.12 PACING/GIVING WAY

- a) The horse and rider may go at their own pace, unless instructed otherwise by either Ride Management or Judge(s). (2006) Failure to follow instructions may result in disqualification. (2008)
- b) A rider shall give way to another horse and rider on the trail when requested and assuming it is safe to do so. (2006)
- c) Ride and Tie events - No pacing by an un-entered horse or runner is allowed for any contestant. (Original)

# CANADIAN National RULE BOOK

## 3.7.13 FINISH LINE

- a) There must be an obvious Finish Line that is clearly marked (2008) and easily visible to the In Timer. (2009)
- b) Ride and Tie - There must be sufficient room for several horses/runners to cross safely at the same time. (2008)

# CANADIAN National RULE BOOK

Intentionally Left Blank

# CANADIAN National RULE BOOK

## SECTION 4 – COMPETITIVE TRAIL

### Rules of Competition

These Rules are to be used in conjunction with  
Section 3 - General Rules.

#### 4.1 Judging/Scoring

##### 4.1.1 PURPOSE

- a) CTR judging/scoring evaluates how the horse handles the increasing distance and time under saddle and the results should reward the horse(s) that cover the required distance at the required speed/time with the greatest ease. (2008)
- b) To achieve these results the scoring system must reflect the importance of the veterinary criteria being used which should provide the optimum evaluation of overall condition. (2008)
- c) There shall be a predetermined number of vet checks where the horses will be observed and examined. (Original)
- d) Horses will be evaluated and all results recorded at all checks including the preliminary (Original) using established veterinary criteria. (2008)

##### 4.1.2 FORWARD MOTION

- a) Competitive Trail
  - i) Riders must remain in the saddle when the horse is in forward motion along the trail, (Original) except to lead by, through or over a specific obstacle, or if a shoe is pulled until it can be replaced. (2010)
  - ii) Riders must maintain forward motion from the "2 mile" Marker (Original) to the Half Mile Timer. (2008) See 3.7.3
  - iii) It is up to ride management whether horses will be allowed to pause to drink after the 2 mile marker has been passed. (Original)
- b) Penalties – Infractions are subject to disqualification. (2008)

##### 4.1.3 EVALUATION SCORING

- a) All metabolic and mechanical criteria will be assessed at each check (2008)
  - i) Heart Rate refers to checks taken by a Heart Rate Technician, compared to
  - ii) Pulse and Pulse Parameters taken by a Veterinarian. (2008)
- b) Scoring as follows: (2008)
  - i) Respiration – not scored (If an Inversion, Rectal Temperature is required)
  - ii) Rectal Temperature - not scored, but will be subject to time penalties if a recheck is required to meet parameters.
  - iii) Pulse – may be scored for AHA purposes, or used to break ties, and will be subject to time penalties if a recheck(s) is required to meet parameters.
  - iv) CRI (Cardiac Recovery Index) – not scored, but may be used to break ties.
  - v) Gut Sounds, Legs, and all Lesions – Scored Only at Final Check.
  - vi) Heart Rate, Capillary Refill, Mucous membrane, Jugular Refill, Hydration, and Anal Tone – Scored at Mid-Check(s) and Final Check.
  - vii) Trot Out, Impulsion, Musculature and Manners – Scored at All Checks.
  - viii) Lameness – Scored at All Checks including preliminary and subsequent deterioration is multiplied by a Difficulty Factor.
- c) Full details of evaluation criteria and penalties, See Section 6

##### 4.1.4 SOUNDNESS CHECK - MULTI-DAY RIDES

- a) Either a mounted or in-hand morning soundness check will be done before the competitor is timed out for the next day's ride. (Original)

# CANADIAN National RULE BOOK

## 4.2 Distance/Speed

### 4.2.1 CHAMPIONSHIP CTR

- a) National Championship – 2 or 3 days (Original)
- b) The host province may elect to offer a two (2) day 80 mile/128km or 90 mile/144km OR a three (3) day 100/160km mile. (Original)
  - i) At Ride Management discretion, the mileage may be of unequal length between days, i.e. 50 miles one day and a 30 miles the second. (2008)
  - ii) At Ride Management discretion, the mileage may be reduced to 60 miles/96km with approval by either the CaLDRA Board, or if time does not permit, by the Steward. (2010)
- c) Speed of the ride will be based at six (6) to eight (8) mph. appropriate to the degree of difficulty and weather conditions. (Original)
- d) All Individuals will compete in Weight Divisions (2008) see 4.4
  - i) Except: Juniors competing in a Junior Division (Amended Jul 2008)
- e) Juniors/Young Riders will be recognized, see Awards 7.4.1 (2008)
- f) The host province may run regular CTR(s) in conjunction with the Canadian Championship CTR, (Original) (see 3.3.2)

## 4.3 Teams

See General Rules

## 4.4 Weight

### 4.4.1 INDIVIDUAL DIVISIONS

- a) Adults - All horses must carry a minimum of 140lbs. (Original)
  - i) Juniors (not turned 18 years of age) choosing to compete as an Open/Adult in any CTR (including as a Provincial Individual or Team Member in the Canadian Championships) must meet the minimum weight requirements (2006), or be disqualified. (2008)
- b) Juniors – There will be no minimum weight requirement for Juniors competing in any Junior Division (Amended July 2008).
- c) Ride Management at their discretion may use either a Two or Three weight division system. (2008)
  - i) Two Weight Divisions  
Lightweight – 140 lbs up to 179 lbs (Original)  
Heavyweight – 180 lbs and over (Original)
  - ii) Juniors - in the Two Weight Divisions System competing as a Provincial Individual or Team member in the Canadian Championships must ride in either the Light or Heavy division (Original) and meet the weight requirements (2006) or be disqualified. (2008)  
OR
  - iii) Three Weight Divisions  
Following the weighing in of all competitors the results will be divided equally into three groups, becoming the Lightweight, Middleweight, and Heavyweight divisions. (2008)

### 4.4.2 CALCULATING WEIGHT

- a) Is determined by all the weight the horse will carry (including rider and all tack, but excluding bridle) and must be maintained throughout the ride. (Original)  
*Rationale – Riders may wish to switch types of bridle or headgear during the ride.* (2008)
- b) Riders are responsible to provide extra weight to meet minimum requirements. (2006)

# CANADIAN National RULE BOOK

## 4.4.3 WEIGHING IN

- a) All competitors, Individual, Foreign, Junior/Young Rider, and Team members will weigh-in. (Original)  
Exception: In a Regular Ride held in conjunction with the Championships, Novices do not weigh-in. (Original)
- b) Prior to the start of the ride, competitors will be weighed carrying all tack and equipment that the horse will carry on the ride, (Original) except bridles, See 4.4.2. (2008) Water bottles carried by the competitors must be empty during the weigh-in. (2006)
- c) At the end of the ride, Rider and tack may be re-weighed (2006) (water bottles must be empty) and there should not be more than five (5) pounds less than original weight. (2008)
- d) Failure to meet or maintain weight requirements throughout the ride will result in completion only, no placing. (2008)

## 4.5 Ride Time

### 4.5.1 CALCULATION – OPTIMUM RIDE TIME

- a) Time is calculated from the Start Line Timer to the Finish Line Timer, (2008)
- b) Is determined by Ride Management prior to the start and must be given to riders at the pre-ride talk. (Original)
  - i) It is the amount of time required to complete the stated distance at the designated speed without incurring penalties (2000)
- c) Mandatory hold/rest time(s) must be added during each day's ride (Original) to the ride time (clarification 2010) to provide the horse with approximately 2 minutes rest for every 1 mile of trail completed, with no more than approximately 15 miles completed without a rest. (2008) see 3.7.5 for examples.
- d) Competitors will be timed in and out of the Mandatory Holds. (Original)
  - i) Riders may not leave a check prior to the end of their hold time. (2008)
  - ii) Riders may voluntarily stay longer at a check than the mandatory hold time, but will not receive extra adjusted ride time. (2008)
- e) A Non-Penalty Allowance – at the Finish will be Ten (10) minutes on either side (early or late) of the optimum Ride Time including any adjusted time is allowed without the rider incurring penalties (Original).
  - i) Penalties – Time - 2 points per additional minute for EITHER completing the day's ride earlier than the 10 minutes 'non-penalty' allowance period (Original) OR completing the day's ride exceeding the optimum time plus the 10 minutes 'non-penalty' allowance. (Original)
  - ii) Disqualification for finishing more than thirty (30) minutes early OR late of their optimum Ride Time (Original).

### 4.5.2 CHANGES – TO OPTIMUM TIME– Once Ride Time has been officially set for each division and given to competitors, the ride time cannot be changed other than in an emergency situation (flooding, washed out bridge, etc), and ONLY if Ride Management can guarantee each rider and official has been informed. (2006)

- i) After a ride has commenced, the Veterinarian may lengthen but not shorten the time allowed. (2010)

### 4.5.3 FAILURE TO MEET PARAMETERS – Re CHECKS

- a) Failure to meet parameters (either Heart Rate or Temperature) requires a mandatory recheck - time penalties will be applied and the equivalent recheck time(s) will be added to the Optimum Ride Time. (2000) See 4.5.4
  - i) Pulse – Failure to meet parameters when rechecked at 20 minutes after arrival, the horse will be required held for a further 10 minute recheck at 30 minutes (Original) and subject to further Time Penalties. (Original)
  - ii) Temperature (if required), Failure to meet parameters at 20 minutes after arrival the horse is required held for a 10 minute recheck at 30 minutes after arrival, and subject to Time Penalties. (2008)
- b) Penalties - Recheck(s):
  - i) 10 points will be assessed for each 10 minute recheck that a horse does not recover to either Pulse (2000) or Temperature parameters, or both. (2008)

# CANADIAN National RULE BOOK

- ii) Adjusted Time of 10 minutes will be added to the Optimum Ride Time for each 10 minute recheck the horse is held either for the Pulse or Temperature recheck or both. (2000) See 4.5.4

## 4.5.4 ADJUSTED TIME - Will be added to optimum Ride Time by the Official Time Keeper:

- a) When competitors are held for a minimum of 2 or more whole minutes at any point in the ride by an official, e.g. by the Half Mile Timer, or Trail Marshal for unavoidable delays - this difference will be added to the competitor's Optimum Ride Time. (2006)
- b) Adjusted time is mandatory, and the time added to the optimum Ride Time must be utilized or the rider coming into the finish earlier than the allowed 'non-penalty' grace period plus any adjusted time will be subject to additional time penalties. (2006)
- c) Adjusted times will be communicated to officials/Veterinarian at any "Away Checks". (2008)

## 4.5.5 LATE PRESENTATION

- a) BOTH Heart Rate and Veterinary presentations will be timed at all Mid-Checks and Final Check ensuring all criteria being scored are evaluated equally (2008)
- b) Penalties for Late Presentation for either or both of the above will be assessed Time Penalties as follows:
  - i) 2 points for every full minute late (2002), for the first four (4) minutes; (2004)
  - ii) At five (5) minutes late the rider will be disqualified. (2004)

## 4.6 Check Point Procedures

### 4.6.1 TIMED HALF MILE TROT IN – at all Mid-Checks and Final Check is mandatory

*Rationale - To ensure all horses are stressed equally and to regulate arrival into vet checks ensuring all horses are handled and evaluated equally. (2008)*

- a) The Half Mile is part of the trail and is included in the calculated Total Optimum Ride Time. (2008)
- b) Competitors will stop at the Half Mile Timer one half (1/2) mile from the vet check areas who will record their Arrival Time on the timer sheet (2006) in minutes and seconds. (2008)
  - i) Horses traveling/arriving together will be given the same time. (2008)
- c) Horses shall only be sent into the vet check in numbers that may be handled by available H/R Technicians and Veterinarians. (2008)
  - i) This may be done by a pre-determined formula, or where possible by direct communication (Cell/Radio, etc) with the In Timer. (2008)
  - ii) Departure Time for the Trot In is recorded on the timer sheet. (2008)
- d) If the Timer needs to hold the rider(s) for 2 or more whole minutes before trotting in, this time will be recorded on the timer sheet and added to the Total Optimum Ride Time. (2008) (See Adjusted Time)
  - i) If the Half Mile Timer is in communication with the In Timer, the 'held time' will be advised to the In Timer and given verbally to the rider, or
  - ii) The rider will be handed a timing slip indicating the 'held time' to be given to the In Timer upon arrival at the vet check. (2008)
- e) On the Timer's signal, the rider will trot their horse the Half Mile to the In-Timer at the Check Point. (2006)
  - i) There shall be a clearly designated line also visible to the In Timer indicating where riders may cease trotting. (2008)
- f) Allowed Time
  - i) Five (5) minutes maximum will be allowed to complete the Half Mile Trot (9.6 km/h, 6 miles/hour), without incurring penalties. (2008)
  - ii) Provincial Events - may allow increased time at Ride Management discretion. (2008)
- g) Penalties: - Arriving at 5.00 minutes or less = 0 points
  - i) Exceeding the time allowed will incur the following: (2008)
    - 5.01 – 5.15 minutes = 1/4 point
    - 5.16 - 5.30 minutes = 1/2 point
    - 5.31 - 5.45 minutes = 3/4 point
    - 5.46 – 6.00 minutes = 1 point
    - More than 6 minutes = 1 point per minute or part thereof

# CANADIAN National RULE BOOK

- ii) Time Penalties will be input on the scorecard from the Timer sheets. This may be done either at a checkpoint or at the end of the ride. (2008)

## 4.6.2 IN TIMER

- a) Riders will call their number to the In Timer (2000) and it is the rider's responsibility to ensure the Timers have identified him/her (2002).
- b) Horses will be processed in the order of arrival. (2006)
  - i) Horses traveling/arriving together will be given the same time. (2008)
- c) The official 'In Time' arrival, in minutes and seconds, (and any other pertinent information) will be recorded on the scorecard and given to the competitor. (2006)
- d) Horse and rider teams must stay in the designated check area(s), (2006) until verbally cleared to proceed. (2008)

## 4.6.3 TIMED PRESENTATION - HEART RATE

- a) Five (5) minutes after arrival at the In Timer, the horse must be presented, including at the Finish (2008). Readings will be used for scoring purposes (2000)
  - i) The time of presentation shall be recorded on the scorecard in minutes and seconds prior to the Heart Rate being taken. (2008)
  - ii) If the heart rate is above parameters, it shall be circled on the scorecard for the attention of the Veterinary. (2008)
- b) Courtesy H/R's will only be allowed at the decision of either Ride Management, or the Head Heart Rate Technician. (2006)
- c) An immediate recount may NOT be requested. (2008)  
Exception - May only be permitted at Ride Management discretion if heart rate wand/monitors are being used, and for an immediate second check a stethoscope must be used. (2008)
- d) Penalties – Late Presentation will be assessed Time Penalties. (Original)
  - i) 2 points for every full minute late (2002) for the first four (4) minutes (2004)
  - ii) At five (5) minutes late the rider will be disqualified (2004)

## 4.6.4 TIMED PRESENTATION – VETERINARIAN

- a) Ten (10) minutes after arrival at the In Timer, the horse is presented to the Veterinarian/Judge for evaluation (2008).
  - i) The time of presentation to the Veterinarian shall be recorded on the scorecard in minutes and seconds. (2008)
  - ii) Late presentation will be assessed Time Penalties. (Original) and at final vetting may result in elimination. (2004)
- b) FINAL VETTING – At the discretion of the Head Veterinarian, may be at 20 minutes OR at 30 minutes after finishing at the In Timer – See Pre-Ride Talk.
  - i) There must be a complete post ride exam including pulse recovery, lameness and metabolic evaluation, (2006) each day (2008)
  - ii) Horses will be judged in order of finish. (2006)
  - iii) All horses will be asked to trot out and back and circle in each direction. No whips or crops will be used by the rider. (Original)

## 4.6.5 OUT TIMER

- a) The official 'Out Time' will be put on the card, once the horse has met parameters and passed the Veterinary Check. (2008)
- b) The Out Timer – will clear a horse to leave the Check Point only after the Mandatory Rest Time plus any required recheck(s) have been met. (2008)

## 4.6.6 ELIMINATION

- a) All metabolic criteria (including Pulse and Temperature) must be met within 30 minutes of arrival at the check or the horse is eliminated. (Original)
- b) If when rechecked/reassessed the Veterinarian/Judge is not satisfied, the horse will be eliminated. (2008)

# CANADIAN National RULE BOOK

## 4.7 FINISH

- 4.7.1 IN TIMER – There will be a clearly designated finish line (see 3.7.13).
- a) The arrival time must be recorded on the score card in minutes and seconds and given to the competitor (2006)
- 4.7.2 HEART RATE – See 4.6.3
- 4.7.3 VETERINARIAN – See 4.6.4
- 4.7.4 END OF COMPETITION
- a) A competitor is officially out of the competition, (2000) only when the All Clear has been given from the veterinary team that horses are not required to be represented (approximately 2 hours after the last horse has been vetted) on the final day. (2008)

# CANADIAN National RULE BOOK

## SECTION 5 – RIDE and TIE

### Rules of Competition

These Rules are to be used in conjunction with  
Section 3 - General Rules.

#### 5.1 Distance

- 5.1.1 Championship Ride and Tie is 20 miles or more. (Original)
- 5.1.2 The Host Province may include shorter distances within the Championship event. (Original)

#### 5.2 Teams - See General Rules – 3.2

#### 5.3 Weight

- 5.3.1 Weight cannot be a factor. (Original)

#### 5.4 Time Calculation

- 5.4.1 COMPLETION TIME for each team is calculated as the total time from the start of the race to the time of the last member of the team to cross the finish line. (Original) See 5.5.5
- 5.4.2 CUT-OFF TIME limits for each checkpoint may be established. (Original)
- 5.4.3 WINNING TIME - is the team with the shortest completion time (having met all other criteria). (Original)

#### 5.5 Timing/Ride Procedures

##### 5.5.1 TYING/HANDING OFF

- a) Teams may tie as many times as they desire anywhere along the trail as long as
  - i) The ties do not obstruct the trail or
  - ii) Are not made in designated "No Tie" areas.
  - iii) Unless otherwise posted, tying on private property is not permitted. Violation of this rule will result in the team being disqualified from the race. (Original)
- b) Horses must not be tied to vehicles. (Original)
- c) Horses are allowed to be handed off in a 'flying change' of runner and rider except at designated vet checks where the horse must be tied. (Original)
- d) Horses are not to be hand held unless allowed at the Ride Manager's discretion. Any decision to allow hand ties will be announced at the pre-race briefing. (Original)  
Exception: All teams are allowed to hand hold horses when encountering unforeseen circumstances that arise after horses are on course – e.g. Dirt bikes on trail (2008)
- e) Competitors and Pit Crews may not tamper with tied horses, or deliberately influence the behaviour of horses belonging to other teams. (2010) See 3.4.2 and 3.6.2

##### 5.5.2 SHARING/TAILING

- a) It is not permissible for both members of a team to use their horse at the same time for forward movement (Original), including the runner gripping the stirrup, breast collar, etc. to be assisted along the trail (2008) Violation of this rule will result in the team being disqualified from the race (2008).
- b) "Tailing" is allowed (meaning the rider dismounts, grips the horse's tail and allows the horse to pull him/her), but it is not permissible for one team member to ride while

# CANADIAN National RULE BOOK

another tails. (Original) Violation of this rule will result in the team being disqualified from the race (2008).

## 5.5.3 ARRIVING AT A CHECKPOINT

- a) Riders/Runners will call their number to the Timer. It is the rider's/runners responsibility to make sure the Timer acknowledges him/her. (2006)
- b) There will be no mandatory time holds and no check-in times. (Original)
- c) The horse must be ridden into and out of the checks.  
Each team will be required
  - i) To tie its horse and switch from rider to runner and runner to rider at each of the mid-ride vet checks during an event. (Original)
  - ii) The team mate arriving with the horse may elect to either, 1) tie it and proceed on foot, or 2) have the horse vetted, tie it and then proceed on foot. The remaining team mate must depart mounted from the Vet Check. (Original)
  - iii) Only contestants may take a horse through the vet checks during the race. Violation of this rule will result in the team being disqualified from the race. (Original) See 3.7 for Pit Crew restrictions.

## 5.5.4 VETERINARY EXAMINATION

- a) There shall be a predetermined number of vet checks where the horses will be observed and examined. (Original)
- b) The Judges(s) will determine whether the trot out in the vet check will be in-hand or mounted, or with or without tack. (2006)
- c) All criteria will be assessed at each check (2008)
- d) Heart rate may be taken by the Veterinarian or a Heart Rate Technician, at Ride Management discretion. (2008)
- e) To be allowed to continue, Pulse, respiration, mucous membrane color and capillary refill, surface factors, attitude, and soundness will be considered as part of the criteria and the horse must be judged "fit to continue" by the attending judge(s) before continuing on trail. (Original) See Section 6

## 5.5.5 THE FINISH

- a) Teams may either ride or lead their horses. (Original) and are finished when both human teammates and their horse have fully crossed the finish line, although it is not required that they do so simultaneously. (Original)
- b) Within one (1) hour of finishing, all horses must be presented to the veterinarians for a mandatory post race examination. Horses must pass this examination and be deemed "fit to continue" to be eligible for completion awards. (Original)
- c) The competitor is officially out of the competition following the final inspection. (Orig)

# CANADIAN National RULE BOOK

## SECTION 6 – VETERINARY JUDGING/SCORING

### 6.1 Procedures

#### 6.1.1 SCORE CARD

- a) Canadian Championship rides – The CaLDRA Score Card must be used by Veterinarian/Judges. (Original)
- b) Provincial sanctioned events – may use the CaLDRA score card, or their own, at Ride Management discretion. (2008)

#### 6.1.2 VETERINARIANS/JUDGES

- a) CaLDRA Membership for Veterinarian/Judges is recommended but not mandatory. See 2.3.3
- b) Ride Management will assign one Veterinarian the role of Head Veterinarian. (2006)
  - i) Where ever possible the Head Veterinarian should be left available to handle emergencies, rechecks, etc. (2008)
- c) All competitions must have the following:
  - i) At least one qualified veterinarian in attendance, (By-Law II, Article 1, A)
  - ii) There must be at least one veterinarian present at each hold (Original)
  - iii) There should be one Veterinary/Judge per 20 horses. (2008)
  - iv) There should be a separate Veterinarian/Judge responsible for each ride distance. (2006)
- d) Both Veterinarians and Judges must possess an interest in the sport and have a thorough knowledge and understanding of the rules. (2006)
  - i) Veterinarians must have a Doctorate Degree in Veterinary Medicine from a recognized college or University. (2006)
- e) Judges Decisions – If possible, a conference with all Judges is recommended before any equine is pulled from the ride and/or a rider may ask for a second opinion if two vets are available, (2006) and it is recommended that this final decision be made by the Head Veterinarian. (2006) (See 3.1.3)
- f) The Judge shall not discriminate against any animal due to type or conformity. (2006)
- g) A Judge shall not adjudicate in any division where a family member or an equine that they wholly or partly own, is competing. (2006)
- h) A Judge should be prepared to answer competitor's questions. (2006)

#### 6.1.3 INSPECTION PROCEDURES

- a) All criteria, both metabolically and mechanically will be assessed at each check by or under the supervision of a veterinarian. (Original)
- b) Judges may only use their hands, and may not use any foreign implement (pens along backs, etc.) to examine a horse, or use mechanical hoof testers. (Original)
- c) Pre-Ride and final inspections;
  - i) All horses will be asked to trot out and back, which may be 125 ft. if a CRI is used, (2008) and circle approximately 8 meters in diameter in each direction. (Original)
  - ii) No whips or crops will be used by the rider. (Original)
- d) The Judges(s) will determine whether trot-outs will be in-hand or mounted, or with or without tack for all horses. (2006)

#### 6.1.4 COMPETITIVE TRAIL - JUDGING

- a) The same Judge will examine a horse at both the Pre-Ride and Final Check of the day for soundness and lesions. (2000)
- b) The Pulse should be the first criteria checked by the vet at 10 Minutes after arrival at the In Timer and recorded. (2008)

*Rationale – Horses must meet Pulse parameters at 10 minutes following arrival at the In Timer, and this may be used for scoring purposes if an AHA ride is run in conjunction with a Championship, or to break ties. (2008)*

# CANADIAN National RULE BOOK

- ii) If the horse does not meet Pulse parameters, the horse will be required held for a 10 minute recheck (Original) and subject to Time Penalties. (Original) This may be taken by the Veterinarian/Judge or a Heart Rate Technician. (2008)
- c) Rectal Temperature is required if there is an Inversion (Original) and this shall be taken at 20 minutes after arrival. (2008)  
*Rationale – statistically the optimum time to expect temperature recovery (2008)*
  - i) A horse may be eliminated if it has an “inversion” combined with other criteria indicating to the Veterinarian/Judge that the horse is suffering from heat stress, even if the rectal temperature is less than 39.5C/103.1F. (2008)
- d) Before being allowed to continue, the Veterinarian/Judge may require the horse be represented for evaluation if he/she feels any of the veterinary criteria should be reassessed. (2008).
- e) Timing of FINAL Inspection: At the discretion of the Head Veterinarian, this may be
  - i) Thirty (30) minutes (2008) after finishing at the In Timer each day Competitors will present to the Judges for veterinary inspection (Original)  
OR
  - ii) Twenty (20) minutes (2010) after finishing at the In Timer competitors will present for the full Metabolic evaluation including CRI, then return ‘in order of finishing’ for Mechanical evaluation including trot out and circling both ways.  
*Rationale – Facilitates obtaining a more accurate evaluation of the fittest horse. Metabolic issues are more readily apparent soon after the horse ceases to exercise. E.g. the longer the horse has to ‘recover’ the more difficult it becomes to separate the field of horses based on metabolic factors. Mechanical issues are more likely to occur the longer the horse waits after ceasing exercise. E.g. the longer the horse has to ‘cool out’ the more likely endorphins will be dissipated and therefore the ‘swellings’ and ‘painful lesions’ i.e. sore girth areas, saddle bumps, back pain, suspensory and tendon pain, etc. will be apparent.*
  - iii) The veterinarian may of course require the horse to be reevaluated if there is concern about recovery or a developing post ride problem. (2010)
- f) Penalties: Late Presenting  
For the Veterinary Check at 30 minutes the rider will be disqualified. (2004)
- g) Pre Existing Medical Conditions – CTR (See 3.2.8)
- h) Breaking a Tie in CTR - There will be no ties in placing. (Original)
  - i) All ties will be broken by the Head Veterinarian in consultation with Ride Management, (Original) by
  - ii) Comparing the lameness score first (Original) then the metabolic side of the score card, (2008)
  - iii) Then the 10 minute Pulse recovery, then the CRI score itself using the CRI Scoring Chart Appendix B2 (2008)

## 6.1.5 PARAMETER CRITERIA

- a) For holding horses for the purpose of pulse and respiration recovery, parameters can vary depending upon weather conditions. (Original)
- b) These parameters will be set by the Veterinary Judge in conjunction with Ride Management. (Original)
  - i) Pulse parameters for the day must be set by the Head Veterinarian prior to the start of the ride. (Original)
  - ii) Suggested parameters are a Pulse of 64 beats per minutes and respiration not higher than heart rate. (Original)
  - iii) Horses must meet ALL parameters within a time limit of 30 minutes from arrival at all vet checks. (Original) and be judged “fit to continue” by the Judge(s) before being allowed to continue on the trail (Original), or will be eliminated. (Original)
  - iv) Respiration readings may be taken following the Pulse if an Inversion is suspected. (2006) If Inverted, the temperature should be taken at 20 minutes after arrival at the In Timer. (2008)
- c) When a Veterinarian allows a horse to continue, but wishes to advise the next Veterinarian of a potential concern, this concern must be clearly indicated on the scorecard (2006) in the space provided. (2008)

# CANADIAN National RULE BOOK

- d) The full recovery period MAY be allowed by Veterinarian/Judges for horses to represent for evaluation to be judged 'fit to continue'. (2008)
- e) Not Fit To Continue – Is when a horse exhibits any one or more of the following:  
(Original)
  - i) Grade III or greater lameness.
  - ii) Pulse greater than sixty four (64) beats per minute (bpm) thirty (30) minutes after arrival at the check point.
  - iii) Temperature 39.5C/103F or higher thirty (30) minutes after arrival at the check point.
  - iv) Synchronous diaphragmatic flutter (thumps).
  - v) Unacceptable finding by the veterinarian judge for any of the areas examined.
  - vi) Or any other condition for which the Veterinarian felt treatment was recommended, regardless if treatment took place.
- f) At an "Away" Check - Any horse removed from competition by EITHER the Veterinarian/Judge or by a competitor - see Section 3.4.9.

## 6.1.6 CHOICES FOR DRUG TESTING – (See 3.2.2 Fees for Testing)

- a) The Veterinary Judge for each division will randomly determine the horses to be tested (Original) plus
  - i) The Head Veterinarian may also choose to test specific horse(s). (2008)
- b) Blood Tests
  - i) Blood samples must be taken by a veterinarian (Original) preferably not a ride veterinarian. (2008)
  - ii) Ride Management must inform all Ride Veterinarians as early as possible that they may be required to take samples for drug testing, (Original) if CANTEST technicians are not available. (2008)
  - iii) Blood Tests permit very sensitive tests, e.g. with ELISA's, to identify "performance altering" drugs e.g. cocaine, reserpine, fluphenazine, etc. that are not allowed in competition. (2008)
- c) Urine Tests
  - i) Samples may be taken by lay persons or CANTEST technicians. (2008)
  - ii) May include screening with Thin Layer Chromatography, or other less sensitive tests which do not penalize NSAID's that are forbidden by CaLDRA under their 'no drug' policy. (2008)

## 6.1.7 DRUG TESTING PROCEDURES

- a) Testing in Canada – all equine drug testing is done by CANTEST, Vancouver, BC. (2008)
  - i) CANTEST will do whatever is requested and will test blood or urine. (2008)
  - ii) For any regular sample, CANTEST always checks for NSAIDs and a few other drugs, and then randomly picks very sensitive tests for a few "bad" drugs, however, no one ever knows exactly which drugs are all being tested for on a particular day. (2008)  
*NSAID's are drugs considered to be "permitted substances" by racing and most Equine Canada sanctioned events having valid therapeutic purposes eg. Bute, Banamine, and a few other equine approved NSAIDS. (2008)*
- b) CANTEST must be advised to call ANY POSITIVE TEST A VIOLATION.
  - i) Competitive Trail and Ride & Tie horses must be treated the same way as Dressage horses which also currently adhere to a "no drug" policy. (2008)  
*Rationale - If CANTEST detects NSAID's on a screen, (even though there are thresholds in the EC rules, CANTEST does not need to quantify the amount in the sample) it is normally reported back to EC, but not as a violation.*
- c) CANTEST should be instructed to immediately notify a specified contact person of Ride Management of any results, POSITIVE OR NEGATIVE. (Original)
  - i) If Drug Test results are positive, then Ride Management must immediately notify both the rider and the CaLDRA Secretary (for any National Championship event) (Original) or CaLDRA and Provincial Secretary (for any Provincial event). (2008)
  - ii) In the event of a positive test result, a grievance may be filed with the appropriate Board of Directors following normal grievance procedures within two (2) weeks of the rider receiving the positive test results. (Original) See Section 9
- d) A drug testing kit needs to be obtained from CANTEST prior to the ride. (2008)

# CANADIAN National RULE BOOK

- e) The chain of custody MUST be specifically followed. (2008)
  - i) The Veterinarian or technician will place the sample(s) of blood or urine in a sealed container and promptly forward to CANTEST, Vancouver via courier, within 24 hours of the completion of the ride. (Original)

## 6.1.8 EMERGENCY FIRST AID

- a) FIRST AID KIT – For Horses - Should be current and available on site for use until the treatment veterinarian arrives. It is recommended that where there are 'away' vet checks that an additional emergency first aid kit(s) be available. (2006)
- b) FIRST AID - For Humans – Should be available at all sites and a contingency plan in place to obtain any necessary assistance for humans. (2008)

## 6.1.9 TREATMENT VETERINARIAN - should be available with their equipment in case of emergency. (Original)

- a) Either on site, or within a reasonable distance, recommended 15 minutes or maximum 30 minute traveling time. (2008)
- b) The Treatment Veterinarian must have a license from the province of the ride to treat any animals. (2006)
- c) Owners are responsible for payment of all emergency treatment. (2006)
- d) The Head Veterinarian and all veterinarians at each check point should be given the contact information for the Treatment Veterinarian. (2008)

## 6.1.10 TRANSPORTATION - AWAY CHECK(S) – (See 3.3.11, and 8.1.5).

# CANADIAN National RULE BOOK

## 6.2 METABOLIC Assessment Criteria

### 6.2.1 HEART RATE (formerly Pulse & Respirations)

- a) Five (5) Minutes after arrival at a checkpoint (2008) the Heart Rate Technician(s) will assess the Heart Rate.
- b) Heart Rate recoveries at vet checks must be taken during and after completion of each competition. (By-Law II, Article 1, D)  
*Rationale – Amended to refer to Heart Rate when taken by a Heart Rate Technician vs. Pulse when taken by a Veterinarian. (2008)*
- c) After the Heart Rate (HR) check, all horses will have a veterinary assessment including metabolic and mechanical evaluation before leaving the vet check area. (Original)
- d) Competitive Trail Scoring
  - i) Heart Rate Check will be taken over 30 seconds. (2006)
  - ii) Preliminary vet check HR will be for reference only and not scored. (Original)
  - iii) All mid-checks and the final veterinary check HR will be scored. (Original)
- e) PENALTIES - CTR: (See Scoring Chart Appendix B1)  
One Half (1/2) point for every beat above 48 beats per minute. (2006)

### 6.2.2 PULSE

- a) Ten (10) Minutes after arrival at a checkpoint. (2008) the Veterinarian/Judge(s) will assess the Pulse, taken over 15 seconds and recorded on the scorecard, and may be part of a CRI. (2008)  
*Rationale – 15 seconds is used instead of 30 seconds to allow the subsequent use of a CRI, and to be at par with AHA for possible scoring purposes. (2008)*
- c) Competitive Trail Scoring

This will be assessed but not be scored (2006), however

  - i) Assessment may be used to break a tie. (2008) and
  - ii) Will be used for scoring of an AHA ride held in conjunction with a Championship ride. (2008)
- d) Ride and Tie

This will be assessed by the veterinarian upon presentation at each check and may be taken over 15 seconds, and the horse must meet parameters before continuing. (Original)

### 6.2.3 CARDIAC RECOVERY INDEX (CRI) - OPTIONAL

- a) The CRI is optional at the discretion of the Head Veterinarian or Judge and may be used in evaluating the level of stable recovery and level of fatigue. (2006)
- b) The pulse will be taken for 15 seconds
- c) The stopwatch is then started at the first step of the horse as it is asked to trot a measured and marked 125 feet out and trot 125 feet back.
- d) At the end of 1 minute of elapsed time the heart rate will be taken again for 15 seconds. Ideally the pulse should be the same or lower. (2006)
- e) Categories:
  - A – Green/Normal,

<u>Pre-Trot HR bpm</u>	<u>Increased HR in Post-Trot</u>
28-64	0 beats (Less than, or Equal to Pre-Trot HR)
28-48	4 beats /min (1 beat in 15 sec.)
28-44	8 beats /min (2 beat in 15 sec.)
  - B – Yellow/Caution

<u>Pre-Trot HR bpm</u>	<u>Increased HR in Post-Trot</u>
52-60	4 beats /min. (1 beat in 15 sec.)
48-56	8 beats /min (2 beats in 15 sec.)
28-40	12 beats /min (3 beats in 15 sec.)

# CANADIAN National RULE BOOK

C – Red/Requires Re-Assessment

<u>Pre-Trot HR bpm</u>	<u>Increased HR in Post-Trot</u>
64 or more	4 beats /min (1 beat in 15 sec.)
60 or more	8 beats /min. (2 beats in 15 sec.)
44-52	12 beats /min (3 beats in 15 sec.)
28-48	16 beats /min (4 beats*in 15 sec.)

(\* 4 beats or more increase in HR in 15 secs. requires careful evaluation)

f) Competitive Trail Scoring

- i) National Championships - This may be assessed, but will not be scored (2006), however, the CRI score itself, the Heart Rate following the Trot may each be used to break a tie (2008) Using CRI Scoring Chart, Appendix B2 (clarification 2011)
- ii) Provincial Events – may be scored at Ride Management discretion. (2008)
  - A – Green/Normal – 0 Points
  - B – Yellow/Caution – 5 Points
  - C – Red/Re-Assess – 10 Points

## 6.2.4 RESPIRATION

- a) If the respiration rate exceeds the heart rate/pulse (an Inversion) a rectal temperature is required to be taken. (2008) See Rectal Temperature
- b) Categories:
  - A – Green/Normal – Relaxed, Regular
  - B – Yellow/Caution – Panting, Inversion
  - C – Red/Possible Elimination – Laboured, Abnormal
- c) Competitive Trail Scoring  
This will be assessed but not scored. (2008)

## 6.2.5 RECTAL TEMPERATURE

- a) If the horse's respiration is higher than the pulse (also known as an "inversion") the temperature should be taken, (2006) at 20 minutes following arrival at the In Timer (*statistically the optimum time to expect temperature recovery*). (2008)
- b) If the rectal temperature is not within 'normal' parameters 20 minutes of arrival, the horse will be held 10 minutes for a recheck at 30 minutes after arrival. Recheck time is added to Optimum Ride Time, subject to Time Penalties. (2008)
- c) If the rectal temperature is 39.5 C/103.1F or higher 30 minutes after arrival the horse will be eliminated. (2008)
- d) A horse may be eliminated if it has an "inversion" combined with other criteria indicating to the Veterinarian/Judge that the horse is suffering from heat stress, even if the rectal temperature is less than 39.5C/103.1F. (2008)
  - A – Green/Normal – Pre-Ride less than 38.6C/101.48F  
20 minutes (or less) of arrival - is less than 39.5/103.1F, and horse may be inverted, but all other parameters are acceptable (2008)
  - B – Yellow/Caution – 20 minutes (or less) of arrival - is 39.5/103.1F or higher, horse will be held for 10 minutes and rechecked at 30 minutes after arrival. (2008)
  - C – Red/Elimination – 39.5C/103.1F or higher (2006) 30 minutes after arrival. (2008)
- e) Competitive Trail Scoring
  - i) May be assessed, if required, but not scored. (2008)
  - ii) If required, will be subject to recheck time penalties. (2008)
- f) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution – 10 time penalty points for recheck. (2008)
  - C – Red/Elimination

# CANADIAN National RULE BOOK

## 6.2.6 MUCOUS MEMBRANES

- a) Moistness and colour indicates level of hydration. (2006)
- b) Categories:
  - A – Green/Normal – Moist, Pink
  - B – Yellow/Caution – Tacky, Pale
  - C – Red/Possible Elimination – Dry, Purple, Blue, Brick red, or toxic line
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not scored (Original), All mid-checks (2008) and the final veterinary check will be scored. (Original)
- d) PENALTIES - CTR:
  - A – Green/Normal – 0 points
  - B – Yellow/Caution – 5 points
  - C – Red/Possible Elimination – 10 points

## 6.2.7 CAPILLARY REFILL

- a) Uses a thumb pressure test on the gums, dehydration is evaluated by how quickly blood returns to the area. (Original)
- b) Categories:
  - A – Green/Normal - 1 second or less
  - B – Yellow/Caution – 2-3 seconds
  - C – Red/Possible Elimination – 4 or more seconds.
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not scored, (Original) All mid-checks (2008) and the final veterinary check will be scored. (Original)
- d) PENALTIES - CTR: (See 3.3.8, pre-existing conditions)
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination - 10 points

## 6.2.8 JUGULAR REFILL

- a) The Jugular Vein is assessed on how quickly it refills after being held off with finger pressure. (2008)
- b) Categories:
  - A – Green/Normal – 1 second
  - B – Yellow/Caution – 2-3 seconds
  - D – Red/Possible Elimination – 4 or more seconds
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not scored, All mid-checks and the final veterinary check will be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination – 10 points

## 6.2.9 HYDRATION/SKIN

- a) The skin test response will be used at the point of shoulder only. (Original)
- b) Categories:
  - A – Green/Normal - 1 to 1.5 seconds
  - B – Yellow/Caution – 2 - 3 seconds
  - C – Red/Possible Elimination – 4 or more seconds
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not scored (Original), All mid-checks (2008) and the final veterinary check will be scored. (Original)
- d) PENALTIES - CTR: (See 3.3.8, pre-existing conditions)
  - A – Green/Normal - 0 points
  - B – Yellow/Caution – 5 points
  - C – Red/Possible Elimination – 10 points

# CANADIAN National RULE BOOK

## 6.2.10 GUT SOUNDS

- a) Gut sounds will be assessed at each vet check and noted if reduced. (Original)
- b) Categories:
  - A – Green/Normal – readily heard over 10 seconds – consistent sound
  - B – Yellow/Caution – reduced/quiet over 10 seconds – less consistent
  - C – Red/Possible Elimination – absent or abnormal sounds
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not be scored, (Original)  
Will be assessed at all mid-checks, but not scored. (Original)  
The final veterinary check will be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination - 10 points

## 6.2.11 ANAL TONE

- a) The level of muscular tone is assessed by touching or pinching the horse's anus.
- b) Categories:
  - A – Green/Normal – Strong tight reflex
  - B – Yellow/Caution – Slightly looser/weak reflex
  - C – Red/Possible Elimination - Flaccid or no reflex, prolapsed penis (*technically, in male horses, it is the prepuccial muscles that lose their contracting ability and then the penis prolapses*). (2008)
- c) Competitive Trail Scoring  
The preliminary vet check will be for reference only and not scored, (Original)  
All mid-checks and the final veterinary check will be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination – 10 points

## 6.2.12 MUSCULATURE

- a) Any horse with a serious condition e.g. SEVERE muscle pain, Exertional Rhabdomyolysis “tying up”, Synchronous Diaphragmatic Flutter “thumps” will not be allowed to compete and will be eliminated. (Original)
- b) Categories:
  - BACK
    - A – Green/Normal – Relaxed, No heat, swelling, or tenderness
    - B – Yellow/Caution – Tight, some heat, swelling, or tenderness
    - C – Red/Possible Elimination – Very Tight, tender, severe heat, or swelling.
  - OTHER THAN BACK
    - A – Green/Normal – No heat, swelling, or tenderness
    - B – Yellow/Caution – Some heat, swelling, tenderness
    - C – Red/Possible Elimination – Severe heat, swelling, tenderness
- c) Competitive Trail
  - i) At the Pre-Ride Check all areas of soreness will be noted on the diagram of the scorecard. (Original)
  - ii) The preliminary vet check, each mid-check and the final veterinary checkpoint will all be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal – 0 points
  - B – Yellow/Caution – 5 points
  - C – Red/Possible Elimination – 10 points

# CANADIAN National RULE BOOK

## 6.3 MECHANICAL Assessment Criteria

### 6.3.1 TROT OUT/presentation

- a) The horse should be presented in such a way that it allows the veterinarian/judge a fair assessment of the horse. (2008)
- b) Categories:
  - A – Green/Normal – Trots willingly in straight lines from/to the judge, lead shank allows horse freedom of head movement, and circles are accurate where indicated. (2008)
  - B – Yellow/Caution - Does not trot straight from/to the judge, circles are erratic, horse's head movement is restricted, or horse is difficult to control. (2008)
  - C – Red/Elimination – Reluctant to trot without constant urging, or will not trot and is unable to be evaluated. (2008)
- c) Competitive Trail Scoring  
The preliminary vet check, all mid-checks and the final veterinary check will all be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination - 10 points

### 6.3.2 IMPULSION

- a) Impulsion illustrates the quality of movement and co-ordination of the equine. Rating will look at the loss of impulsion, length and height of stride, toe dragging, stumbling, and willingness to move forward. (2006)
- b) Categories:
  - A – Green/Normal – Trots with willingness and energy, bright/alert. (2008)
  - B – Yellow/Caution – Reduction in willingness, shorter height or length of stride, repeated stumbling, hesitation and needs some encouragement. (2008)
  - C – Red/Possible Elimination - Stiffness, excessive stumbling, major loss of height or length of stride, toe dragging, dragging the horse to get it to trot, or will occasionally step into a trot but needs lots of encouragement. (2008)
- c) Competitive Trail Scoring  
The preliminary vet check, all mid-checks and the final veterinary check will all be scored. (2008)
- d) PENALTIES - CTR:
  - A. Green/Normal – 0 points
  - B. Yellow/Caution – 5 points
  - C. Red/Possible Elimination – 10 points

### 6.3.3 LAMENESS

- a) GENERAL - CaLDRA does not condone the riding of lame horses. (Original)
- b) DEFINITIONS
  - Grade I lameness: Difficult to observe/not consistently apparent.
  - Grade II lameness: Difficult to observe at a walk or trotting a straight line; consistently apparent under certain circumstances (i.e. circling, hard surface, weight carrying, inclines, etc.).
  - Grade III lameness: At a trot, consistently observable under all circumstances.
  - Grade IV lameness: At a walk; obvious lameness, marked nodding, hitching or shortened stride.
- c) Grade I
  - i) Horses with Grade I will be allowed to start at the discretion of the Veterinary Judge, (Original) but will be subject to penalties. (2008)
  - ii) A horse that develops a Grade I will be allowed to continue at the discretion of the Veterinary Judge, (Original) but will be subject to penalties. (2008)
  - iii) A horse that finishes with a Grade I will be subject to penalties (2008), but will be eligible for placing, and receive completion and mileage credit, (Original)

# CANADIAN National RULE BOOK

- d) Grade II
- i) Horses with Grade II will not be allowed to start. (2006)
  - ii) A horse that develops a Grade II during the ride will be allowed to continue at the discretion of the Veterinary Judge, (Original) but will be subject to penalties. (2008)
  - iii) A horse that finishes with a Grade II is subject to penalties (2008), but is eligible for placing, and will receive completion and mileage credit. (2000)
- e) Grade III
- i) Horses with Grade III lameness will not be allowed to start. (Original)
  - ii) A horse that develops a Grade III will be eliminated. (Original)
  - iii) If the horse finishes with a Grade III will not be eligible for placing, (Original) However, may receive completion and mileage credit only if in the opinion of the veterinarian the condition would not have prevented the horse from 'technically' continuing at a walk, e.g. scratches (2008) otherwise, the horse will not receive completion or mileage credit. (Original)
- f) Grade IV
- i) Horses with Grade IV lameness will not be allowed to start. (Original)
  - ii) A horse that develops a Grade IV will be eliminated. (Original)
  - iii) If the horse finishes with a Grade IV it will be eliminated and will not receive completion or mileage credit (Original).
- g) Competitive Trail Scoring
- i) Horses with any grade of lameness will be penalized according to the point deductions of the ride card regardless of whether they started the ride with a grade of lameness or not. (Original)
  - ii) All checks will be scored (2008) multiplied by a difficulty factor recognizing the importance of both being sound and maintaining soundness. (2008)
- h) PENALTIES - CTR:
- A – Normal/ Sound - 0 points
  - B – Grade I Lameness - 5 Points
  - C – Grade II Lameness - 10 Points
  - D – Grade III/IV Lameness – Elimination
- Difficulty Factor (2008)
- The preliminary vet check penalties will be scored x1,
- All Mid-check(s) deterioration changes (either from preliminary and/or a previous mid-check) penalties will be scored x2 (2008)
- The final veterinary checkpoint deterioration changes (either from preliminary and/or a previous mid-check) penalties will be scored x3. (2008)

## 6.3.4 LEGS (Joints, Ligaments, Tendons)

- a) The horse will be examined for heat, pain, swelling, etc. If severe, the horse may be subject to elimination. (Original)
- b) Categories:
- A – Green/Normal – No heat, no swelling (particularly in the tendon sheath)
  - B – Yellow/Caution – Moderate heat or swelling
  - C – Red/Possible Elimination – Severe heat or swelling.
- c) Competitive Trail Scoring
- i) At the Pre-Ride Check each leg of the horse will be examined and this will be noted on the diagram of the scorecard for reference only. (Original)
  - ii) Penalties will be assessed at the end of the ride for any new or aggravated conditions. (Original)
- d) PENALTIES - CTR:
- A – Green/Normal – 0 points
  - B – Yellow/Caution – 1 point per site (leg)
  - C – Red/Possible Elimination – 5 points per site (leg).

# CANADIAN National RULE BOOK

## 6.3.5 LESIONS – Interference (Lower Leg)

- a) Lesions that are: below the knees or hocks, excluding pastern and below (2011) on:
  - i) The back or inside of the front legs and/or
  - ii) The front and inside of the hind legs
- b) Categories:
  - A – Green/Normal – No hair off, scab, laceration, or tenderness
  - B – Yellow/Caution – Hair removed and skin broken with minor bleeding,
  - C – Red/Possible Elimination – Severe laceration, Raw bleeding.
- c) Competitive Trail Scoring
  - i) At the Pre-Ride Check each leg of the equine will be examined and this will be noted on the diagram of the scorecard for reference only. (Original)
  - ii) Penalties will be assessed at the end of the ride for any new or aggravated conditions. (Original)
- d) PENALTIES – CTR:
  - A – Green/Normal – 0 Points
  - B – Yellow/Caution – 1 point per site (leg)
  - C – Red/Possible Elimination – 5 points per site (leg)

## 6.3.6 LESIONS - TRAIL

- a) Trail lesions are any marks, cuts or scratches which are not classified as tack lesions or lower leg lesions, (Original) and will be noted but not scored. (2011)
- b) Competitive Trail Scoring
  - i) At the Pre-Ride Check, all existing nicks, scrapes, bites, kick marks will be noted on the diagram of the scorecard for reference only. Bites and kicks from other equines prior to arrival are not subject to penalty. (Original)

## 6.3.7 LESIONS - TACK (Girth, Saddle, Bridle, Rope)

- a) In an area in contact with the tack - A horse with a raw, bleeding, tender or painful type lesion at the preliminary check should not be allowed to compete unless the judge thinks that the tack which will be used will not aggravate the condition of the horse. (Original)
- b) The Veterinarian will assess whether any lesions incurred during a competition are too severe for the horse to compete and if necessary will eliminate them from competition. (Original)
- c) Categories:
  - A – Green/Normal – No hair off, no lacerations, no visible marks
  - B – Yellow/Caution – Moderate Heat, swelling, abrasions, hair off
  - C – Red/Possible Elimination – Severe swelling, scalding, heat, inflammation, bumps, raw, bleeding
- d) Competitive Trail Scoring
  - i) At the Pre-ride Check any lesions will be marked on the scorecard diagram for reference only. (Original)
  - ii) A horse with lesions that is allowed to compete - the lesions that do not change post ride will not be assessed additional penalties. (Original)
  - iii) Penalties will be assessed at the end of the ride for any new or aggravated conditions. (Original)
- e) PENALTY Point Deduction:
  - A – Green/Normal – 0 Points
  - B – Yellow/Caution – 5 Points
  - C – Red/Possible Elimination – 10 points

# CANADIAN National RULE BOOK

## 6.3.8 MANNERS

- a) The horse should stand reasonably quietly for any exam by the Judges. Any horse that presents a danger to other riders and horses and Judges will be eliminated. (2006)
- b) Categories:
  - A – Green/Normal – stands quietly for examination (2008)
  - B – Yellow/Caution – serious misbehavior (e.g. is difficult to assess, bites or attempts to bite, rears or bucks during examination). (2008)
  - C – Red/Possible Elimination – dangerous to the vets or volunteers, (e.g. strikes or kicks people or horses with intent). (2008)
- c) Competitive Trail Scoring
  - i) Horses are not to be penalized for minor movement, (biting at flies, tail swishing) (2006) or reactions to external stimuli. (2008)
  - ii) The preliminary vet check (Original), all mid-checks and the final veterinary check will all be scored. (2008)
- d) PENALTIES - CTR:
  - A – Green/Normal - 0 points
  - B – Yellow/Caution - 5 points
  - C – Red/Possible Elimination – 10 points

# CANADIAN National RULE BOOK

## SECTION 7 – NATIONAL AWARDS AND RECOGNITION

### 7.1 General

#### 7.1.1 COMPLETION CERTIFICATES

- a) Will be awarded to every competitor successfully completing within the prescribed time, regardless of placing. Funded by CaLDRA. (Original)
- b) Horses disqualified for any reason during the ride will not be rewarded with completion or mileage. (2000)

#### 7.1.2 AWARD RECOMMENDATIONS

- a) It is recommended that in the Championship rides, Ride Management award medallions and ribbon awards to the top three (3) Canadian Individuals and top three (3) Canadian Team competitors, e.g.: Gold, Silver and Bronze. (Original)
  - i) Additional awards, i.e. Blankets, plaques, trophies, etc. are at Ride Management's discretion. (2000)
- b) Ride Management may, at their discretion, offer other awards, e.g. breed, sportsmanship, hard luck, best out of province etc. (Original)
- c) Horsemanship Award – May be offered at Ride Management's discretion, but will be judged separately and is not part of the criteria for the Canadian Competitive Trail Ride Championship. (Original)
- d) Regular Rides – held in conjunction with the Championships, Ride Management will decide on the form of suitable recognition. (2008)

#### 7.1.3 PRESENTATION OF AWARDS

- a) Ties - There will be no ties in placing. All ties will be broken. (Original) See Section 6
- b) Presentation of Awards will be either following a ride, or on the following day, at Ride Management discretion. (2008)

### 7.2 Team Championships

#### 7.2.1 COMPETITIVE TRAIL

- a) Ribbons or Placing awards shall be given through at least 6<sup>th</sup> placing in each distance offered, at Ride Management discretion, (Original) at the same distance. (2008)
- b) Gold Team (Champion) - CaLDRA Plaque perpetual team championship award and keepers (3) will be presented to the Provincial Team with the highest accumulated score. This is a CaLDRA award. (Original)
- c) Silver Team (Reserve) – It is recommended that the Reserve/Silver place Provincial Team be recognized. (Original)
- d) Bronze Team – It is recommended that the third place/Bronze Provincial Team be recognized. (Original)

#### 7.2.2 RIDE and TIE

- a) Ribbons or Placing awards shall be given through at least 6<sup>th</sup> placing in each distance offered, at Ride Management discretion. (Original)
- b) Gold Team (Champion) – Trophies will be presented to each member of the Provincial Team with the fastest winning time. (Original) This is a CaLDRA award. (2008)
- c) Silver Team (Reserve) – each member of the second place or Reserve Provincial Team will be recognized. (Original)
- d) Bronze Team – each member of the third place Provincial Team will be recognized. (Original)
- e) Top Foreign Team – May be awarded at Ride Management discretion. (2008)

# CANADIAN National RULE BOOK

## 7.3 Individual Championship

### 7.3.1 COMPETITIVE TRAIL

- a) Ribbons or Placing awards - shall be given through at least 6<sup>th</sup> placing in each Weight Division (Original), at the same distance. (2006)
- b) Champion and Reserve Champion(s) are recommended recognizing the Top Canadian Individuals in each weight division. (2008) Ride Management may also choose to recognize the third place (as gold, silver, and bronze) at their discretion. (2008)
- c) Top Foreign Rider and Reserve – May be awarded at Ride Management discretion. (2008)

## 7.4 Overall Individual Championship

### 7.4.1 COMPETITIVE TRAIL - Overall Champion(s)

- a) Selection will be from all Individual and Team Riders (Original) including Foreign Riders (2008) at the same distance. (2006)
- b) Ribbons or Placing awards shall be given through at least 6<sup>th</sup> placing (Original), at the same distance. (2006)
- c) Gold Overall Canadian Champion - Top Scoring Canadian will be awarded the CaLDRA Fyfe/Wilson Plaque and keeper. This is a CaLDRA award. (Original)
- d) Silver Overall Champion, recognizing the 2<sup>nd</sup> place Top Scoring Canadian. (Original)
- e) Bronze Overall Champion, recognizing the 3<sup>rd</sup> place Top Scoring Canadian. (Original)
- f) Junior/Young Rider Overall "The Beacon Award" – This is a CaLDRA award. (2008)
- g) Top Foreign Overall – May be awarded at Ride Management discretion. (2008)

# CANADIAN National RULE BOOK

## SECTION 8 – RIDE MANAGEMENT

### 8.1 Procedures

#### 8.1.1 HOSTING THE NATIONAL CHAMPIONSHIPS

- a) The Canadian National Championships is a bi-annual event, traditionally alternating between Western and Eastern provinces. (Original)
- b) An application to host this event is submitted to the CaLDRA Board for approval, (Original) (form available on the CaLDRA website).
- c) The proposal should include deadlines (2010)
  - i) By which provinces are to advise the host organizing committee of their commitment to send teams, or not, e.g. no later than 90 days prior to the event, (2010) and
  - ii) When entry fees are required, (2010) and
  - iii) The host organizing committee, may at their discretion, include an increased fee for late entry (2010)
- d) Upon approval CaLDRA will send out a notice to all provinces announcing the host and inviting all provinces to attend. (Original)
- e) CaLDRA will support the host province, see 1.4 and Section 7, but the host province is responsible for running the event. (Original)

#### 8.1.2 KNOWLEDGE OF NATIONAL RULES

- a) It is the responsibility of the hosting province to be familiar with all rules, regulations, and procedures for managing the Canadian Championship events. (Original)
- b) All usual considerations not addressed in this rule book will be ruled by the hosting Province's guidelines. i.e. Ride start time, where smoking is/isn't allowed, etc.
  - i) Any rules and policies not covered in the Championship Ride manual should be clarified to all competitors at the pre-ride briefing. (Original)
- c) It is the responsibility of the hosting ride management to ensure that the veterinary/judges are conversant with the judging procedures and the policies of this rule book. (Original)

#### 8.1.3 INFORMATION - DEADLINES

- a) General information regarding the CCTRC will be sent to all provincial trail riding organization secretaries at least 3 months in advance of the proposed ride date, (Original)
- b) Detailed information including Championship Ride Application (entry forms) must be received by each province and all CaLDRA members no later than 75 days prior to the ride. It should include a map to the ride site and information necessary to travelers coming from long distances (e.g., stopovers, stabling, camping, etc.). (Original)

#### 8.1.4 REPORTING RESULTS

- a) NATIONAL CHAMPIONSHIPS - All results must be submitted to the CaLDRA Secretary immediately, electronically where possible (2008) or as quickly as feasible, following the competition. (2006)
  - i) The host province agrees to send out the Master score sheets to the CaLDRA Secretary and to all competitors within 45 days following the Championship. (Original)
- b) PROVINCIAL RIDES – IN CONJUNCTION – All results to be submitted to the Provincial Secretary. (2008)

#### 8.1.5 ADDITIONAL RESPONSIBILITIES – See all Sections, including 3, 6, and 9

- a) Assign Veterinarians/Judges at pre-ride/start times, to help spread workload at vetting
- b) Number/Spacing of Vet Checks – (See 3.7.5)
- c) Location/Lay out of Vet Checks – (See 3.7.6)
- d) Choices for Drug Testing – (See 6.1.8 and 3.2.2 Fees for Testing)
- e) Drug Testing Procedures – (See 6.1.9)
- f) Emergency First Aid – (See 6.1.10)

# CANADIAN National RULE BOOK

- 8.1.6 TRANSPORTATION – AWAY CHECK(S)
- a) Judges and Recorders to/from, if there are 'away' check points from base. (2006)
    - i) Competitive Trail – particularly if Judges need to observe all horses and riders in the division they are judging. (2006)
  - b) Rider Equipment – (See Section 3.3.11)
  - c) Horse Trailer – (See Section 3.3.11)

## 8.2 Ride Officials/Manpower

- 8.2.1 STEWARD or TECHNICAL DELEGATE
- a) A CaLDRA representative/Steward will be present at the ride to act as a resource person, working together with Ride Management. CaLDRA is not there to run the ride. (Original)
  - b) This CaLDRA steward will also be a member of the ground jury. (Original)
- 8.2.2 GROUND JURY
- a) Must be formed consisting of the Ride Manager, CaLDRA Steward, and a Veterinarian who will be on the grounds (not necessarily the Championship Ride Head Veterinarian). (Original)
  - b) This Ground Jury will handle any complaints or problems that may arise. The decision of the ground jury is final. (Original)
  - c) The Ground Jury will make decisions regarding combing teams. (2008)
- 8.2.3 RIDE MANAGEMENT
- a) Must determine in advance the Honorarium to be offered to the participating veterinarians and other judges and must have a clear understanding with the judges of the period over which their services will be required. (2008)
  - b) Shall assign an Overall Ride Manager, a Ride Secretary, Head Veterinarian, Head Timer, Head Scorer, Head Heart Rate Technician, Head Recorder and coordinate the Ground Jury. (2008)
- 8.2.4 RIDE MANAGER(S)
- a) The Overall Manager is responsible for the entire venue with the responsibility of staging the ride and enforcing the rules. (2006)
  - b) This person must be thoroughly familiar with the Canadian Rules (Original)
    - i) National Championships – The Ride Manager must also be an Individual CaLDRA member in good standing. (Original)
  - c) Are responsible for ensuring that all judges and other officials (including Trail Marshals) are acquainted with their duties (Original) and have the necessary equipment. (2008)
  - d) Complaints must be forwarded to the Overall Ride Manager who will deal with issues in a timely fashion. (2006)
  - e) It is recommended that a separate Ride Manager be appointed to coordinate each separate event. (2008)
  - f) Ride Managers will not ride in a National or Provincial event they are hosting. (2006)
- 8.2.5 RIDE SECRETARY
- a) Oversees the preparation of the Ride Packages and the Registration of competitors, including checking membership. (2008)
  - b) It will be the responsibility of the Ride Secretary that all official findings of the Timers, Veterinarian/Judges, and H/R crews are recorded, (2006) or given to the Head Scorer for tabulation. (2008)
  - c) Forwards the results in a timely manner. (2006)
- 8.2.6 VETERINARIAN/JUDGES (See 6.1.2)

# CANADIAN National RULE BOOK

## 8.2.7 RECORDERS

- a) Ride Management shall assign one recorder per Veterinary/Judge, plus one recorder per Heart Rate Technician (2008)
- b) Designate a Head Recorder who has had experience recording on previous sanctioned rides.
  - i) He/she shall ensure that all recorders know and understand the procedures involved. (2008)
  - ii) Is responsible for collecting all notes from the judges' recorders and make certain all information is ready for final calculations and assessments.
  - iii) Is responsible to see that all score cards and information is sent to the Ride Secretary or Head Scorer. (2008)
- c) It is the duty of each Recorder to accurately record the findings of the Heart Rate Technician or Veterinary/Judge. (2006)

## 8.2.8 SCORERS

- a) Ride Management shall assign one or more scorers and designate a Head Scorer (Original) who has had experience at previous sanctioned rides. (2008)
  - i) He/she must be familiar with the Canadian Rule Book and scorecard (Original) and shall coordinate with the Head Timer, Head Recorder, and Head Heart Rate Technician that they all know and understand the procedures involved. (2008)
  - ii) Is responsible for the timely tabulation of the findings of the Timers, Veterinary/Judges, and Heart Rate Technicians. (Original)

## 8.2.9 TIMERS

- a) There should be a Head Timer responsible for timing consistency. (Original)
  - i) He/she is responsible for calibrating all official clocks to the same time. (2008)
  - ii) Will verify that all Timers have the necessary equipment including Timing Slips. (2008)
- b) Timers are responsible for recording the time, in minutes and seconds (2008) of each horse at points throughout the competition. (2006)
  - i) It is recommended timers work in pairs, one person to watch the clock and call out the minutes and seconds and one person to write on the scorecards and timers sheets (2008)
  - ii) It is recommended that there are two timers for each check point, e.g. 2 at the start/finish, 2 at the Half Mile Trot In, 2 at the Heart Rate Check and 2 at the Veterinary Check. (2008)
- c) The number of veterinarians/Judges available at any check will determine the number of horses the Half Mile Timer may send at the same time into the check and at what intervals. (2008)
- d) The records kept by the Timers will be turned over to the Ride Secretary whenever possible, at intervals during the day, or at the conclusion of the ride. (2006)

## 8.2.10 HEART RATE TECHNICIANS

- a) Ride Management should have at least one Heart Rate Technician for each Veterinary/Judge at each check. (2008)
- b) Management will appoint a Head Technician, who is responsible for ensuring H/R teams know and understand the procedures using Stethoscopes or Heart Rate Monitor wands. (2006)
  - i) It is best if H/R crews have had previous experience, (2006) and experienced H/R crews are mandatory for Championship events. (2008)
  - ii) H/R crews will take the heart rate of the horse in a quiet and efficient manner as to not disturb the equine with loud and aggressive behavior. (2006)
- c) The same type of heart rate detector (stethoscope, wand) will be used at a given vet check, for all horses at that check. (2006)
  - i) If using a heart rate wand/monitor, readings are to be taken over a 30 second period and the watch/receiver will be within approx. 12 inches of the wand for the full 30 seconds. If a recheck is allowed, for an immediate second check, a stethoscope must be used. (2008)

# CANADIAN National RULE BOOK

- ii) In the case of a horse with a known arrhythmia (already noted on the scorecard as "stethoscope only"), a stethoscope will be used at all checks, and the Head H/R person shall take this horse's heart rate. (2006)
- d) Competitive Trail - Readings taken with a stethoscope (or wand) must be taken over a 30 second time period and multiplied by two. (2006)
  - i) Courtesy H/R's - IF allowed, will be at the decision of either Ride Management, or the Head Heart Rate Technician. (2006)
  - ii) Immediate Recounts – These are not permitted. Exceptions See above c, and 4.6.3
  
- 8.2.11 FARRIER - should be available nearby or on the grounds during the ride. (Original)
  - a) Owners are responsible for payment of all charges for services. (2006)
  
- 8.1.12 TREATMENT VETERINARIAN – (See 6.1.11)
  
- 8.2.13 ADDITIONAL VOLUNTEERS – Also See Section 3
  - a) Food Preparation
  - b) Runners/Gophers
    - i) Taking lunches to the workers/judges, etc.
    - ii) Taking information to/from workers
    - iii) Supplying paper to 'portable' facilities
  - c) Water – Keeping the troughs filled
  - d) Drag Rider
  - e) Trail Marking/taking down
  - f) Parking, ETC.

# CANADIAN National RULE BOOK

## SECTION 9 - GRIEVANCE PROCEDURES

### 9.1 Protests

#### 9.1.1 GENERAL

- a) Any Provincial or National member, other than a single event member as defined in Section 2, may bring a protest to the Grievance Committee of either the Provincial or National organization, pertaining to an alleged violation of the applicable rules. (2008)

#### 9.1.2 SCORECARD - MECHANICAL ERRORS

- a) Mechanical errors are defined as transposition errors, addition errors, and/or time miscalculations.
- b) In the event that a rider feels that a mechanical error has occurred in the calculation his/her ride score he/she has the option of making a formal complaint to the acting Ride Management (Provincial organization) See Step 1

#### 9.1.3 RULES/REGULATIONS, ETC.

- a) In the event that a difference occurs between Ride Management and any one or more riders of that ride regarding the interpretation, application, administration or any alleged violation of the rules, regulations or trail conduct, etc. the following procedures shall be applicable to settle the dispute: (Original)

#### 9.1.4 RIDE and TIE – RESULTS

- a) Protests must be filed, in writing with Ride Management, within two (2) hours of the completion of the ride, and the race. (Original)
- b) The Ride Management will make a decision prior to the start of the awards ceremony. (Original)
- c) An appeal must be filed in writing within seven (7) days to the President of the CaLDRA Board. (Original)

### 9.2 Grievance – STEP 1

#### 9.2.1 SOLUTIONS

- a) The rider(s) and Ride Management involved will first seek to settle the difference in discussion amongst them (Original) to reach an on-site resolution. (2006)
- b) When an infraction is alleged to have occurred and people have left the ride site, the competitor(s) and Ride Management should attempt to first resolve the matter within a 48 hour period either by phone, fax or e-mail. (2006)
- c) If the difference is not resolved satisfactorily in Step 1, then it becomes a grievance. The grievance shall then be reduced to writing by the griever(s). (Original)  
See Step 2

### 9.3 Grievance – STEP 2

#### 9.3.1 FILING A GRIEVANCE

- a) For Mechanical Errors – The Judging Card along with a formal letter of complaint must be sent to the Ride Manager within two weeks of the receipt of the ride results. (2006)
- b) The written grievance shall contain the following: (Original)
  - i) The full name and address of the person in violation, ride name, ride location, and ride date and Ride Manager.
  - ii) The nature of the grievance, date of occurrence and the circumstance/s out of which it arose.
  - iii) The Rule or Rules listed by number that is claimed to have been violated or infringed upon.
  - iv) Recommended: Submission of all statements from other people involved or first hand witnesses.

# CANADIAN National RULE BOOK

- v) The remedy or correction that the Grievance Committee is required to make.
- vi) A deposit of \$50.00 is to accompany this complaint and will be non-refundable (Original), unless the decision is upheld. (2006)
- c) The initial written grievance
  - i) Must be post marked no later than 7 days from the alleged occurrence and shall be mailed to the presiding CaLDRA President, (Original) or applicable Provincial Organization President. (2008)
  - ii) This may be submitted by e-mail, but must be followed up with a formal written submission no later than seven (7) days from the alleged occurrence. (2006)
  - iii) If the written grievance is post marked later than the seven (7) days) after the alleged occurrence, the written grievance becomes void and will not be considered. (Original)

## 9.3.2 THE GRIEVANCE COMMITTEE

- a) The CaLDRA President, upon receipt of the written grievance, shall form a Grievance Committee, (Original) or applicable Provincial Organization President. (2008)
- b) None of the committee members shall be either of the grieving parties. (Original)
- c) Shall consist of the applicable President (National or Provincial) and two directors. (Original)
- d) In the event the President is one of the grieving parties, then another Director shall assume the President's role. (Original)
- e) The committee shall make known their decision in writing to the parties concerned within 7 days of receipt of the written grievance. (Original)
- f) A majority decision of the Grievance Committee shall be binding on both parties. (Original)

## 9.3.3 IF A COMPLAINT IS UPHELD

- a) CaLDRA guarantees that the points will be changed for the purpose of Year End placing only, etc. (2006) or applicable Provincial Organization Year End placing only, etc. (2008)
- b) It is up to the individual Ride Management to make a decision concerning the complainant's placing and resultant award. (2006)

## 9.4 Processing of a Grievance

- 9.4.1 Upon receipt of a grievance, the Grievance Committee must provide a copy of the grievance and all materials to the accused and notify the accused that the grievance has been initiated. (2006)
- 9.4.2 From the postmark date, the parties have fourteen (14) days to respond to the protest by sending written statements and materials to refute or substantiate the changes to the Grievance Committee. (2006)
- 9.4.3 The Grievance Committee must reach a decision and report to all parties involved in the grievance (accused and accuser), the President, and the Board of Directors in writing, no later than thirty (30) days after the protest was announced to the accused. The decision must show actions to take, including but not limited to amendment of ride results, assessment of penalties and restitution of awards. (2006)

## 9.5 Processing Appeals

- 9.5.1 Any appeals to the Grievance Committee's decision must be made within fourteen (14) days by postmark, after the Committee's notification of its decision. (2006)
- 9.5.2 The appeal must be sent to the CaLDRA President and the Board of Directors, (2006) or applicable Provincial Organization President and Board of Directors. (2008)

## CANADIAN National RULE BOOK

- 9.5.3 The Appeal must: (2006)
- a) Have the written support of at least one Director
  - b) Clearly specify whether the Appeal is from the guilty or innocent verdict of the Grievance Committee, or from the penalty assigned.
- 9.5.4 If conditions a. and b. noted above are met, then the President should immediately notify the accused and the accuser. The Grievance Committee may submit additional material to the President but this material must be post marked no later than fourteen (14) days of the Appeal notification. (2006)
- 9.5.5 Within thirty (30) days after the Appeal notification, all materials, comments, evidence and additional information must be distributed by the Chair to the Board of Directors with ballots for a vote. (2006)
- 9.5.6 The Board of Directors must post their ballots no later than ten (10) days after the President posted the ballots. (2006)
- 9.5.7 Successful Appeals require the majority of the Board of Directors. (2006)
- 9.5.8 If the Appeal of a penalty is successful the Board of Directors shall assess a new penalty. There is no appeal of the Board of Directors' decision and it shall be binding on both parties. (2006)

# CANADIAN National RULE BOOK

(Intentionally Left Blank)

# CANADIAN National RULE BOOK

## APPENDIX A - CONTACTS

### A.1 CaLDRA BOARD 2008/09

#### A.1.1 EXECUTIVE

PRESIDENT – Kelli Hayhurst  
Phone: 204-793-2472 Email: [president@caldra.net](mailto:president@caldra.net)

EXECUTIVE VICE PRESIDENT – Nancy Beacon  
Phone: 519-924-2347 Email: [vicepres@caldra.net](mailto:vicepres@caldra.net)

SECRETARY – Marion Shearer  
Phone: 905-640-7915 Email: [secretary@caldra.net](mailto:secretary@caldra.net)

TREASURER – Caroline Williams  
Phone: 403-932-5055 Email: [treasurer@caldra.net](mailto:treasurer@caldra.net)

VICE PRES. - COMPETITIVE TRAIL – Tammy Knutson  
Phone: 250-335-3390 Email: [competitive@caldra.net](mailto:competitive@caldra.net)

VICE PRES. – RIDE and TIE – Mike Downing  
Phone: 705-428-5622 Email: [rideandtie@caldra.net](mailto:rideandtie@caldra.net)

#### A.1.2 DIRECTORS

ACTRA – Atlantic Canadian Trail Riding Assoc. – Donna Munn  
Phone: 506-839-2810 Email: [atc@endurancetack.ca](mailto:atc@endurancetack.ca)

BCCTRA – BC Competitive Trail Riding Assoc. – Tammy Knutson  
Phone: 250-335-3390 Email: [cedarbythesea@shaw.ca](mailto:cedarbythesea@shaw.ca)

MTRC – Manitoba Trail Riding Club – Linda Lawson  
Phone: 204-253-8358 Email: [linpete@escape.ca](mailto:linpete@escape.ca)

OCTRA – Ontario Competitive Trail Riding Assoc. – Marion Shearer  
Phone: 905-640-7915 Email: [marionshearer@rogers.com](mailto:marionshearer@rogers.com)

SLR – Saskatchewan Long Riders – Trisha Dowling  
Phone: 306 966 7359 Email: [trisha.dowling@usask.ca](mailto:trisha.dowling@usask.ca)

TRAC – Trail Riding Alberta Conference – Natasha French  
Phone: 403-874-3242 Email: [nfrench@okotoks.net](mailto:nfrench@okotoks.net)

# CANADIAN National RULE BOOK

## A2 Provincial Organizations

ACTRA – WWW.AC-TRA.CA	(Maritimes)
BCCTRA – WWW.BCCTRA.CA	(British Columbia)
MTRC – WWW.MBTRAILRIDINGCLUB.CA	(Manitoba)
OCTRA – WWW.OCTRA.ON.CA	(Ontario)
SLR – WWW.SASKLONGRIDERS.COM	(Saskatchewan)
TRAC – WWW.TRAILRIDING.AB.CA	(Alberta)

## A3 Associated Organizations

ERABC – Endurance Riders of BC – [www.erabc.com](http://www.erabc.com)  
ERA – Endurance Riders of Alberta – [www.enduranceriders.ab.ca](http://www.enduranceriders.ab.ca)  
DRM – Distance Riders of Manitoba – email: [mcryderm@mts.net](mailto:mcryderm@mts.net)

## APPENDIX B – FORMS/SCORING

(Following)

- B.1 Scoring Chart - Heart Rate
- B.2 Scoring Chart - CRI
- B.3 Score Card – Competitive Trail
- B.4 Score Card – Ride and Tie

# CANADIAN National RULE BOOK

B.1


<b>CTR - HEART RATE – SCORING CHART</b>			
Beats Per Minute - 30 Seconds X 2			
<b>Heart Rate</b>	<b>Penalty</b>	<b>Heart Rate</b>	<b>Penalty</b>
<b>44</b>	<b>0.0</b>	77	14.5
45	0.00	<b>78</b>	<b>15.0</b>
<b>46</b>	<b>0.00</b>	79	15.5
47	0.00	<b>80</b>	<b>16.0</b>
<b>48</b>	<b>0.00</b>	81	16.5
49	0.50	<b>82</b>	<b>17.0</b>
<b>50</b>	<b>1.00</b>	83	18.5
51	1.50	<b>84</b>	<b>19.0</b>
<b>52</b>	<b>2.00</b>	85	19.5
53	2.50	<b>86</b>	<b>20.0</b>
<b>54</b>	<b>3.00</b>	87	20.5
55	3.50	<b>88</b>	<b>21.0</b>
<b>56</b>	<b>4.00</b>	89	21.5
67	4.50	<b>90</b>	<b>22.0</b>
<b>58</b>	<b>5.00</b>	91	22.5
59	5.50	<b>92</b>	<b>23.0</b>
<b>60</b>	<b>6.00</b>	93	23.5
61	6.50	<b>94</b>	<b>24.0</b>
<b>62</b>	<b>7.00</b>	95	24.5
63	7.50	<b>96</b>	<b>25.0</b>
<b>64</b>	<b>8.00</b>	97	25.5
65	8.50	<b>98</b>	<b>26.0</b>
<b>66</b>	<b>9.00</b>	99	26.5
67	9.50	<b>100</b>	<b>27.0</b>
<b>68</b>	<b>10.00</b>	101	27.5
69	10.50	<b>102</b>	<b>28.0</b>
<b>70</b>	<b>11.00</b>	103	28.5
71	11.50	<b>104</b>	<b>29.0</b>
<b>72</b>	<b>12.00</b>	105	29.5
73	12.50	<b>106</b>	<b>30.0</b>
<b>74</b>	<b>13.00</b>	107	30.5
75	13.50	<b>108</b>	<b>31.0</b>
<b>76</b>	<b>14.00</b>	109	31.5

# CANADIAN National RULE BOOK

## CRI – SCORING CHART

Increase **0** beats      Increase **1** beat      Increase **2** beats      Increase **3** beats      Increase **4** beats

15 sec count	1 MIN Equiv. HR	Increase 0 beats			Increase 1 beat			Increase 2 beats			Increase 3 beats			Increase 4 beats		
		CRI after 1 min.	1 MIN Equiv HR	Equal or Less	CRI after 1 min.	1 MIN Equiv HR	+1 Beat 4bpm	CRI after 1 min.	1 MIN Equiv HR	+2 Beat 8bpm	CRI after 1 min.	1 MIN Equiv HR	+3 Beat 12bpm	CRI after 1 min.	1 MIN Equiv HR	+4 Beat 16bpm
7	28	7	28	A	8	32	A	9	36	A	10	40	B	11	44	C
8	32	8	32	A	9	36	A	10	40	A	11	44	B	12	48	C
9	36	9	36	A	10	40	A	11	44	A	12	48	B	13	52	C
10	40	10	40	A	11	44	A	12	48	A	13	52	B	14	56	C
11	44	11	44	A	12	48	A	13	52	A	14	56	C	15	60	C
12	48	12	48	A	13	52	A	14	56	B	15	60	C	16	64	C
13	52	13	52	A	14	56	B	15	60	B	16	64	C	17	68	R/C
14	56	14	56	A	15	60	B	16	64	B	17	68	R/C	18	72	R/C
15	60	15	60	A	16	64	B	17	68	R/C	18	72	R/C	19	76	R/C
16	64	16	64	A	17	68	R/C	18	72	R/C	19	76	R/C	20	80	R/C

Judge:  OFFICIAL JUDGING CARD – C T R Nbr: \_\_\_\_\_  
 Ride: \_\_\_\_\_ Date: \_\_\_\_\_  
 Division: \_\_\_\_\_ Distance: \_\_\_\_\_ Weight: \_\_\_\_\_ Start Time: \_\_\_\_\_  
 Rider Name: (Sponsor see over) \_\_\_\_\_ Horse: \_\_\_\_\_ Transfer to Page 2

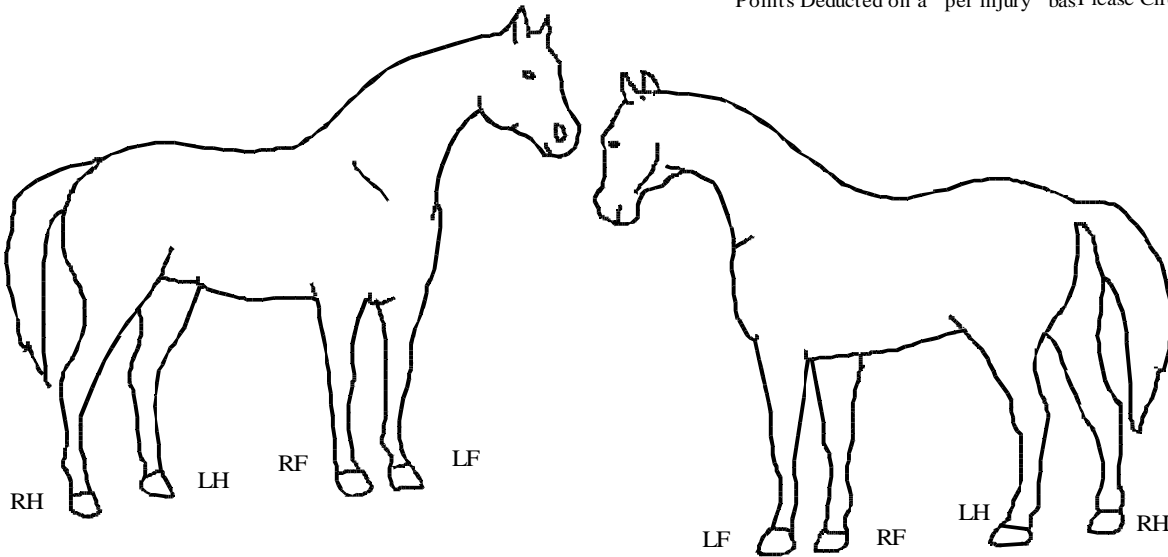
TIMING	Pre-Ride	Check 1	Check 2	Check 3	FINAL	Penalties
HALF MILE TIMER – Arrival						
– Departure for Half Mile Trot						
*Adjusted time added – if held a minimum 2 full mins or more						
IN TIMER – ARRIVAL TIME						
Late Arrival – half mile trot exceeds 5 mins allowed. Penalties – 1/4 point per 15 secs.						
OUT TIMER – Out Time (Incl. Mandatory hold time/Recheck(s))						
HEART RATE Check – Time (5 min after In Time)						
Late Presentation Penalties – 2 points each full min – at 5 mins – elimination						
HEART RATE – 30 sec. Count x2 Penalties – deduct 1/2 point for every beat over 48						
VETERINARY Check – Time (10 min after In Time) Final Check (30 min after In Time)						
Late Presentation Penalties – 2 points each full min – at 5 mins – elimination						
PULSE RATE – (taken first) 15 sec. Count x4 – Scores may be used to break a tie.						
Recheck** at 20 mins/30 mins 10 Penalty Points per check (10 mins per recheck added to optimum time. Transfer to page 2)						
TROT OUT A Straight/Accurate, B Erratic/Restricted/Difficult, C Unable to evaluate						
IMPULSION A Energy/Bright/Alert, B Shorter height/length/ stumbling C Stiff/major loss height/length/toe dragging						
LAMENESS A Normal/Sound, B Grade I-Difficult to observe, not consistent, C Grade II-Consistent only in certain circumstances, e.g. circling, hard surface, D Grade III-Consistent at the trot in all circumstances and Grade IV-Consistent at the walk. (Original plus deterioration scored)	x1	x2	x2	x2	x3	
CRI (Cardiac Recovery Index) taken 1 min after first pulse/trot out. Pulse Rate 15 sec count x 4 Scores may be used to break a tie.						
RESPIRATION A Relaxed, B Inversion ( See Rectal Temperature) C Abnormal						
MUCOUS MEMBRANE A Moist, Pink, B Tacky, Pale, C Dry, Purple, Blue, Red, Toxic line.						
CAPILLARY REFILL A 1sec. or less, B 2 - 3 sec, C 4 or more sec						
JUGULAR REFILL A 1 sec, B 2- 3 sec, C 4 or more sec						
HYDRATION/SKIN A 1 to 1.5 sec, B 2- 3 sec, C 4 or more sec						
GUT SOUNDS A Easily audible, B Reduced, C Absent/Abnormal						
ANAL TONE A Strong Tight reflex, B Slightly loose, C Flaccid/none						

Scoring Penalties: A – 0 point, B – 5 points, C – 10 points/Possible Elimination, D – Elimination Total This Side  
 Shaded areas assessed but not scored. Legs, and all lesions, assessed at the final for any new or aggravated conditions.

FINAL SCORING Penalty Points this side: \_\_\_\_\_  
 Penalty Points other side: \_\_\_\_\_  
 Time Penalty Points/Finish: \_\_\_\_\_ = Total Penalty Points: \_\_\_\_\_  
 PLACING:

All blemishes are to be pre-recorded for comparison purposes.  
 Unless irritated or aggravated during the ride, these are not to be penalized.  
 Post-Ride blemishes should be indicated in a different colour.  
 Points Deducted on a "per injury" basis Please Circle

COMPETITOR #



VETERINARY Check	Pre-Ride	Check 1	Check 2	Check 3	FINAL	Penalties
<b>MUSCULATURE</b> – A Relaxed/no heat, B Tight some heat swelling tenderness, C Very tight tender/severe heat or swelling						
<b>LEGS</b> – A Normal, no swelling particularly in tendon sheath B Moderate heat or swelling, C Severe heat or swelling						
<b>LOWER LEG/INTERFERENCE - LESIONS</b> (Below knee or hock: back/inside fore legs, front/inside hind legs) A Normal, no hair off, scab or tenderness, B Hair off and skin broken with minor bleeding, C Severe laceration, raw bleeding						
<b>TRAIL – LESIONS</b> A Normal, no hair off or laceration B Hair off and skin broken with minor bleeding or puncture C Severe cut/puncture						
<b>TACK – LESIONS</b> A Normal, no hair off or laceration B Moderate, heat, swelling, abrasions, hair off C Severe, swelling, scalding, heat, bumps, raw bleeding						
<b>RECTAL TEMP</b> – A 20 min. after In Time less than 39.5/103.1F, or B 39.5/103.1F or higher, C 30 min after In Time 39.5C/103.1F or higher						
Temperature Recheck** At 30 mins. after In Time /10 penalties (10 mins recheck added to Optimum Time)						
<b>MANNERS</b> – A Stands Quietly, B Misbehaves, C Dangerous						

**Scoring Penalties:** A – 0 point, B – 5 points, C – 10 points/Possible Elimination, D – Elimination  
 Shaded areas assessed but not scored. Legs, and all lesions, assessed at the fiTransfer to Page 1: aggravated conditions.

Total This Side

**Judges Comments:**

<b>SCORING – FINISHING TIME</b>	Finish Time: _____	<b>Time Penalties</b>
Optimum Ride Time _____	–	Exceeding Optimum Time plus 10 minute grace period, early or late.
Plus Adjusted Time _____	Start Time: _____	<b>Deduct:</b> 2 points per min early, or
* Total Time Held _____	=	<b>Deduct:</b> 1 point per min late.
** Total Recheck(s) _____	Elapsed Time: _____	<b>Disqualified</b>
_____ =	–	Exceeding Optimum Time plus 30 minutes max. early or late.
Total Optimum Time _____	Total Optimum: _____	Time Penalty Points/Finish
(without penalties)	(without penalties)	
= Net Time: _____	= Net Time: _____	Transfer to Page 1 _____

Sponsor Name: \_\_\_\_\_ Change of Sponsor/name/signature: \_\_\_\_\_

Judge: \_\_\_\_\_  OFFICIAL JUDGING CARD – Ride and Tie No: \_\_\_\_\_  
 Division: \_\_\_\_\_ Distance: \_\_\_\_\_

Rider #1: \_\_\_\_\_ Rider #2 \_\_\_\_\_ Date: \_\_\_\_\_

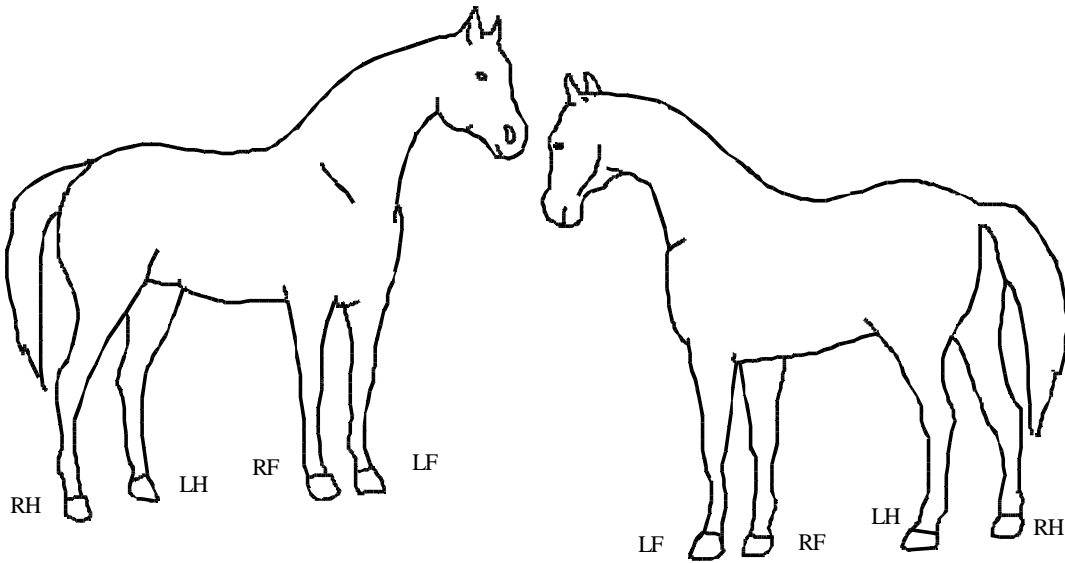
Horse: \_\_\_\_\_ Breed: \_\_\_\_\_ # \_\_\_\_\_ Sponsor \_\_\_\_\_

TIMING	PreRide	1 <sup>st</sup> Vet Check	2 <sup>nd</sup> Vet Check	3 <sup>rd</sup> Vet Check	FINAL
IN TIMER – ARRIVAL TIME					
OUT TIMER					
HEART RATE Check					
VETERINARY Check					
PULSE RATE – 15 sec. Count					
Recheck #1					
Recheck #2					
CRI (Cardiac Recovery Index)					
RESPIRATION - A Relaxed, B Inversion, C Abnormal (Inversion, See Rectal Temperature)					
RECTAL TEMP – A 20 mins. of arr. less than 39.5/103.1F, or B 39.5/103.1F or higher, C 30 min of arr. 39.5C/103.1F or higher					
Temperature Recheck					
TROT OUT – /Straight/Accurate, B Erratic/Restricted/Difficult, C Unable to evaluate					
IMPULSION – A Energy/Bright/Alert, B Shorter height/ length/stumbling C Stiff/major loss height/length/toe					
LAMENESS – A Normal/Sound, B Grade I, C Grade II, D Grade III					
MUCOUS MEMBRANE – A Moist, Pink, B Tacky, Pale, C Dry, Purple, Blue, Red, Toxic					
CAPILLARY REFILL – A 1 sec. or less, B 2 - 3 sec, C 4 or more sec					
JUGULAR REFILL – A 1 sec, B 2- 3 sec, C 4 or more sec					
Overall:					Placing:

**Lameness** – Grade I - Difficult to observe, Not consistent. **Grade II** – Consistent only in certain circumstances, e.g. circling, hard surface  
**Grade III** – Consistent at the trot in all circumstances. **Grade IV** – Consistent at the walk

JUDGES COMMENTS:

COMPETITOR #



<b>Vet Checks</b>	Pre-Ride	1 <sup>st</sup> Check	2 <sup>nd</sup> Check	3 <sup>rd</sup> Check	FINAL
<b>HYDRATION/SKIN</b> – A 1 to 1.5 sec, B 2- 3 sec, C 4 or more sec					
<b>GUT SOUNDS</b> – A Easily audible, B Reduced, C Absent/Abnormal					
<b>ANAL TONE</b> – A Strong Tight reflex, B Slightly looser, C Flaccid or none					
<b>MUSCULATURE</b> – A Relaxed/no heat, B Tight some heat swelling tenderness, C Very tight tender/severe heat or swelling					
<b>LEGS</b> – A Normal, no swelling particularly in tendon sheath B Moderate heat or swelling, C Severe heat or swelling					
<b>LOWER LEG/INTERFERENCE - Lesions</b> (Below knee or hock: back/inside fore legs, front/inside hind legs) A Normal, no hair off, scab or tenderness, B Hair off and skin broken with minor bleeding, C Severe laceration, raw bleeding					
<b>TRAIL – Lesions</b> A Normal, no hair off or laceration B Hair off and skin broken with minor bleeding or puncture C Severe cut/puncture					
<b>TACK – Lesions</b> A Normal, no hair off or laceration B Moderate, heat, swelling, abrasions, hair off C Severe, swelling, scalding, heat, bumps, raw bleeding					
<b>MANNERS</b> – A Stands Quietly, B Misbehaves, C Dangerous					

JUDGE'S COMMENTS:

**PLACING:**